

Any Age

The Iditarod Express Lapbook

Mini Lapbook, Study Guide, Activities and Crafts



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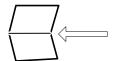
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Things to Know

Hamburger Fold-Fold horizontally



Hotdog Fold-Fold vertically

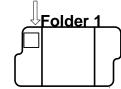


Dotted Lines-These are the cutting lines.

Accordion Fold-This fold is like making a paper fan. Fold on the first line so that title is on top. Turn over and fold on next line so that title is on top again. Turn over again and fold again on the next line so that title is on top. Continue until all folds are done.

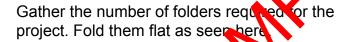
Cover Labels-Most of the booklets that are folded look nicer with a label on top instead of just a blank space. They will be referred to as "cover label."

How do I know where to place each template in the folder?

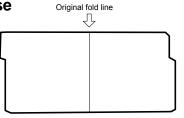


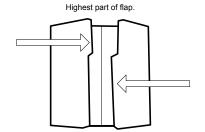
This placement key tells you the temp at goes in the first folder at the top of the left flap.

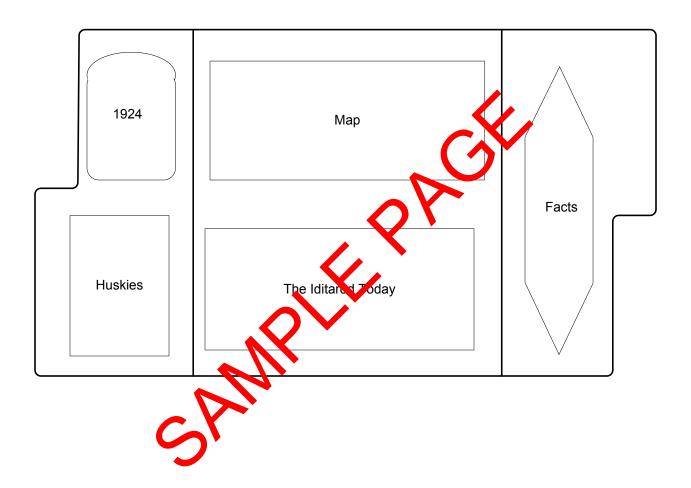
Folding a phook Base



For each folder, fold the left and right sides inward toward the original line to create two flaps. Crease so that the bighest part of each flap is touching the original line. It is important not to let the two flaps overlap. You may want to take a ruler and run it down each crease to make it sharper.

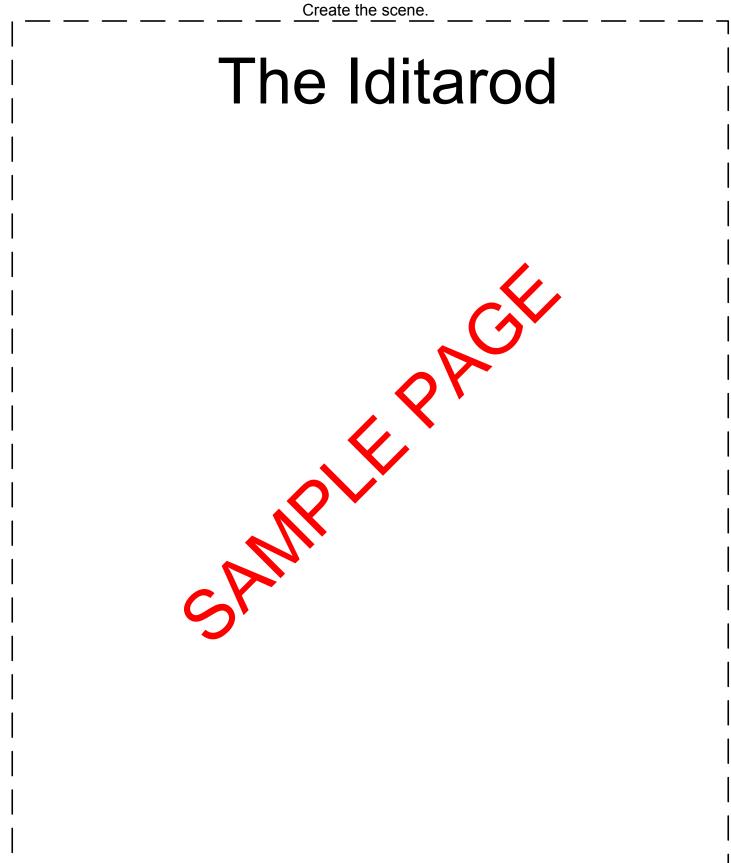






Cut on dotted line. Glue to the front of your folder. Where do the dogs live when they are NOT racing?

Create the scene



The Iditarod Today

The Iditarod trail was once used by Native Alaskans to travel across their land, and later by trappers and miners trying to reach further into the wilderness. During winters in Alaska, the ports became icebound and the dog sleds became the primary means of transportation and delivery. During the late 1920s, bush pilots with their faster airplanes began to take the place of the dogsled transportation, and in the 1960s the invention of the snowmobile nearly eradicated the need for mushers and their teams.

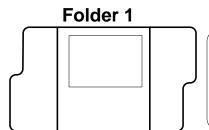
Today, the Iditarod trail is best known for the annual race held in March. The race first began to commemorate the mushers of the past, especially the famous lifesaving run to deliver diphtheria antitoxin serum to Nome. The sport of mushing was disappearing, and people wanted a way to keep the history alive.

The Iditarod Trail twists for 940 miles across inland Alaska, Nor the southern seaport of Seward to the northwestern town of Nome. The trail was fist marked in 1910, and was a series of separate trails connected into one. The modern race follows the historic trail except it now starts in Anchorage instead of Seward. In the 1970s, a southern route was added to the trail, using alternative traditional trails, and traveling through the actual town of Iditarod. The southern route is used to odd numbered years, and the northern route in even years.

The race begins with a ceremonial stand that runs through several miles of Anchorage. The streets are cordoned of and snow is brought in to cover them. The mushers leave at 2 minute intervals, and after traveling through the city and into the foothills nearby, they stop and rectan the next day.

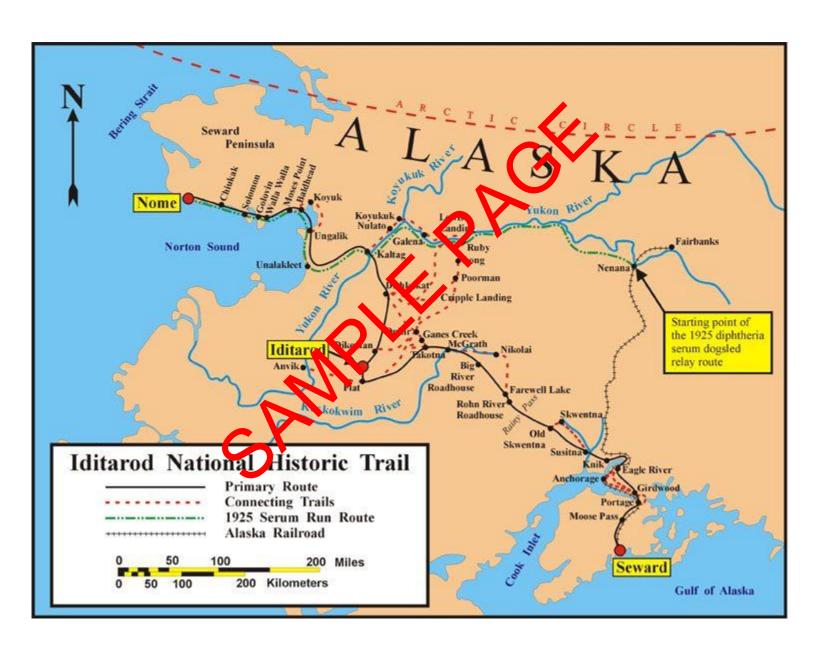
The re-start begins on sunday afternoon, and the mushers again leave at 2 minute intervals. The order of starting is determined by drawing. This time, the time clocks start and the race begins in earliest. The mushers and their dogs travel through 26 or 27 checkpoints, depending on the year. Some mushers stay at these checkpoints, where there is shelter and hot meals waiting, while others prefer to camp by the trail. Supplies such as dog food, clothes, radios, and batteries are sent ahead by the mushers and dropped at the checkpoints by airplane. Several mandatory rests are part of the race, helping to ensure mushers and dogs aren't pushed beyond their limits.

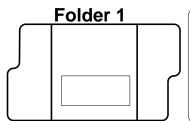
The final stretch of the race is across the frozen Bering Sea. The last mandatory rest is at White Mountain, a tiny town where the teams must rest for 8 hours. In Nome, the finish line is the 'burled arch', a spruce log over the trail. The street is fenced off and the teams run through the town to the finish line. Sirens sound as each team gets within 2 miles of the town, and a traditional widow's lamp hangs on the arch until the last team finishes. The last team to finish the race receives a Red Lantern award, symbolizing a race of endurance and perseverance. The Iditarod is about finishing, not just winning. Improvements to the trail and dog training have dropped the race times to under 10 days in the last 20 years.



Cut out map. Glue into lapbook.

Directions: Study the map to learn about the route of the Iditarod. Circle the city where the Iditarod begins today.





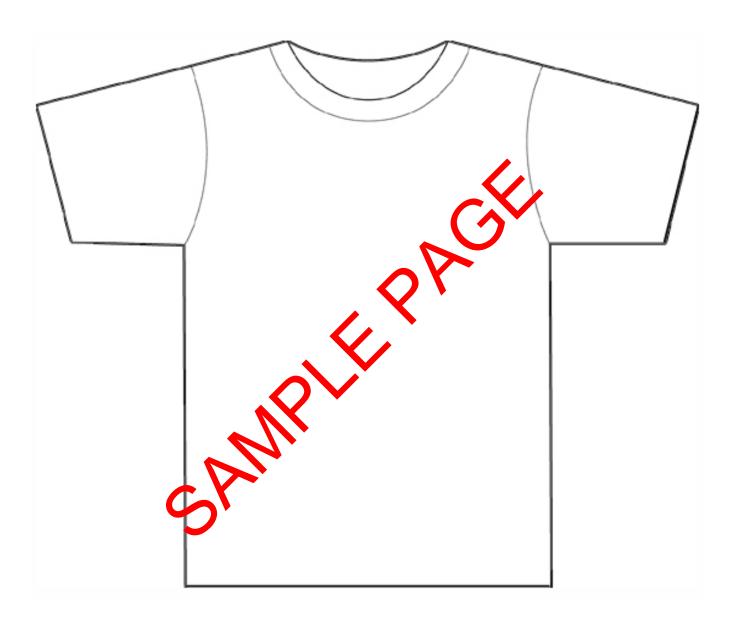
Cut out the booklet as one piece. Fold in half so that title is on top. Glue into lapbook.

Directions: Inside of the booklet, tell what the race is like today.





Design your own T-shirt for the race.



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