

Central Ontario Vegetable Planting Guide

| LEGEND | •••• Start Indoors | — Direct-sow | *** Transplant | ⌒ Cover | ** Transplant & Cover |
|--------|--------------------|--------------|----------------|---------|-----------------------|
|--------|--------------------|--------------|----------------|---------|-----------------------|

| Vegetables | WINTER | | | SPRING | | | SUMMER | | | FALL | | |
|-------------------------|--------|-------|-------|--------|-------|------|--------|-----|-----|------|-----|-----|
| | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC |
| Amaranth | | | | | | — | | | | | | |
| Artichoke | | | ••••• | | | *** | | | | | | |
| Arugula | | | — | — | — | — | | | — | | | |
| Asparagus | | ••••• | ••••• | ••••• | ••••• | *** | | | | | | |
| Asparagus Bean | | | | ••••• | ••••• | *** | | | | | | |
| Broad beans | | | | — | — | | | | — | | | |
| Soya beans | | | | | | — | | | | | | |
| Beans, bush & pole | | | | | — | — | — | | | | | |
| Beets | | | | | — | — | | | | | | |
| Broccoli | | | ••••• | *** | *** | *** | | | | | | |
| Broccoli, sprouting | | | | | | | •• | ** | | | | |
| Brussels sprouts | | | | ••• | ** | ••• | | ** | | | | |
| Cabbage | | | ••••• | ** | *** | *** | | | | | | |
| Cabbage, overwinter | | | | | | ••• | — | ** | | | | |
| Carrots | | | | — | — | — | — | | | | | |
| Cauliflower | | | ••••• | ••••• | *** | *** | ••••• | *** | *** | | | |
| Cauliflower, overwinter | | | | | | | •••• | ** | | | | |
| Celery/Celeriac | | | | ••••• | *** | *** | | | | | | |
| Chickpeas | | | ••••• | | ** | — | | | | | | |
| Corn | | | | | — | — | | | | | | |
| Corn salad | | | | — | — | — | | — | — | | | |
| Cress | | | | — | — | — | | | — | — | | |
| Cucumbers | | | | ••••• | •• | ** | — | | | | | |
| Eggplant | | | ••••• | ⌒ | *** | *** | | | | | | |
| Endive/Radicchio | | | | — | — | — | | | | | | |
| Fennel | | | | | — | — | — | | | | | |
| Garlic | | | | | | | | | — | — | | |
| Kale & Collards | | | | — | — | — | — | | | | | |
| Kohlrabi | | | | — | — | | — | | | | | |
| Leeks | | | ••••• | | ** | •••• | | ** | | | | |
| Lettuce | | | | •••• | ** | — | — | ⌒ | | | | |
| Melons | | | | ••••• | ⌒ | *** | *** | *** | | | | |
| Mustard | | | | — | — | — | | — | — | | | |
| Okra | | | | •••• | ** | — | | | | | | |
| Onions | ••••• | ••••• | ••••• | — | *** | | | | | | | |
| Onions, overwinter | | | | | | | ••••• | ** | | | | |
| Onions, scallions | | | | — | — | — | — | | | | | |
| Pac choi & choi sum | | | ⌒ | — | — | — | — | — | | | | |
| Parsnip | | | | — | — | — | | | | | | |
| Peas | | | | | — | — | | | | | | |
| Peppers | | ••••• | ••••• | | *** | *** | | | | | | |
| Quinoa | | | | — | — | — | | | | | | |
| Radish | | | | ⌒ | — | — | | — | | | | |
| Rhubarb | | | | ••••• | *** | *** | | | | | | |
| Rutabaga | | | | | | — | | | | | | |
| Spinach | | | | ⌒ | — | — | | | ⌒ | | | |
| Squash/pumpkin | | | ••••• | ••••• | ⌒ | ** | — | | | | | |
| Strawberries | ••••• | ••••• | ••••• | *** | *** | | | | | | | |
| Swiss chard | | | | — | — | — | — | | | | | |
| Tomatoes | | | ••••• | ⌒ | *** | *** | *** | | | | | |
| Turnips | | | | — | — | — | — | | | | | |

Barrie May 11 - Oct 1 (143 days)
Kingston Apr 21 - Oct 1 (163 days)

Ottawa May 1 - Oct 1 (154 days)
Owen Sound May 11 - Oct 1 (143 days)

Peterborough May 11 - Sep 21 (133 days)