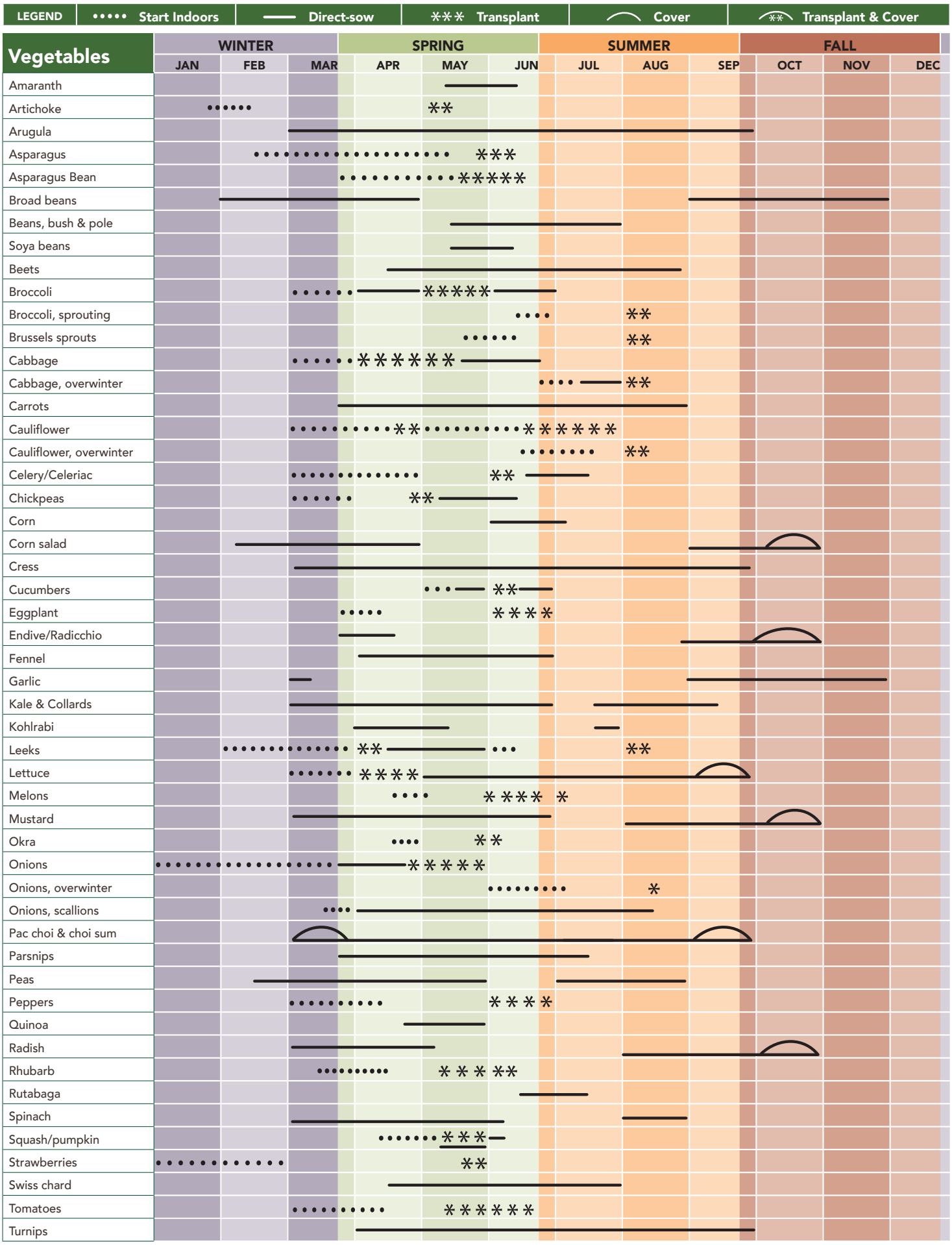South Coastal BC Vegetable Planting Guide