# South Central Prairies Vegetable Planting Guide

## Legend
- **Legend:**
  - Start Indoors
  - Direct-sow
  - Transplant
  - Cover
  - Transplant & Cover

## Vegetables

<table>
<thead>
<tr>
<th>Vegetables</th>
<th>WINTER</th>
<th>SPRING</th>
<th>SUMMER</th>
<th>FALL</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Start Indoors</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Direct-sow</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Transplant</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Cover</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Transplant &amp; Cover</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Planting Windows

- **WINTER**
  - JAN  | FEB  | MAR  | APR  | MAY  | JUN  | JUL  | AUG  | SEP  | OCT  | NOV  | DEC  
- **SPRING**
  - JAN  | FEB  | MAR  | APR  | MAY  | JUN  | JUL  | AUG  | SEP  | OCT  | NOV  | DEC  
- **SUMMER**
  - JAN  | FEB  | MAR  | APR  | MAY  | JUN  | JUL  | AUG  | SEP  | OCT  | NOV  | DEC  
- **FALL**
  - JAN  | FEB  | MAR  | APR  | MAY  | JUN  | JUL  | AUG  | SEP  | OCT  | NOV  | DEC  

### Planting Dates

- **Edmonton, AB**  May 15 - Sept 16  (123 days)
- **Humboldt, SK**  May 21 - Sept 11  (116 days)
- **Kindersley, SK**  May 21 - Sept 11  (116 days)
- **Melfort, SK**  May 21 - Sept 11  (116 days)
- **Prince Albert, SK**  May 21 - Sept 11  (116 days)
- **Red Deer, AB**  May 25 - Sept 9  (106 days)
- **Saskatoon, SK**  May 21 - Sept 15  (116 days)
- **Unity, SK**  May 21 - Sept 11  (112 days)
- **Yorkton, SK**  May 23 - Sept 11  (110 days)

### Common Vegetables

- Amaranth
- Artichoke
- Arugula
- Asparagus
- Broad beans
- Soya beans
- Beans, bush & pole
- Beets
- Broccoli
- Brussels sprouts
- Cabbage
- Carrots
- Cauliflower
- Celery/Celeriac
- Corn
- Corn salad
- Cucumbers
- Eggplant
- Endive/Radicchio
- Fennel
- Garlic
- Kale & Collards
- Kohlrabi
- Leeks
- Lettuce
- Mustard
- Okra
- Onions
- Onions, overwinter
- Onions, scallions
- Pac choi & choi sum
- Parsnips
- Peas
- Peppers
- Quinoa
- Radish
- Rhubarb
- Rutabaga
- Spinach
- Squash/pumpkin
- Strawberries
- Swiss chard
- Tomatoes
- Turnips

---

*Note: The planting guide provides a general overview of the planting season for various vegetables across different locations in the South Central Prairies.*