

Maritimes Vegetable Planting Guide

LEGEND	•••• Start Indoors	— Direct-sow	** * Transplant	⌒ Cover	⌒ ** Transplant & Cover
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Vegetables	WINTER			SPRING			SUMMER			FALL		
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Amaranth						—						
Artichoke			•••			**						
Arugula		—	—	—	—	—			—			
Asparagus		••••••••••••••				** *						
Asparagus Bean			••••••••••••••		** *	** *						
Broad beans				—	—	—			—			
Beans, bush & pole						—	—					
Soya beans						—						
Beets						—	—					
Broccoli				•••••	** *	—						
Broccoli, sprouting						•••	**					
Brussels sprouts				•••	**		**					
Cabbage				•••••	**	—						
Cabbage, overwinter						•••••	**					
Carrots						—	—					
Cauliflower				•••••	** ** *							
Cauliflower, overwinter						••	**					
Celery/Celeriac				•••••	** **							
Chickpeas		•••••	** ** *	—	—							
Corn						—						
Corn salad				—	—	—		—				
Cress				—	—	—		—				
Cucumbers					••••	**	—					
Eggplant					•••	— **						
Endive/Radicchio			••••		**							
Fennel				—	—	—						
Garlic									—	—	—	
Kale & Collards					—	—	—					
Kohlrabi				•••••	— **		—					
Leeks		••••••••••			••• **	—						
Lettuce				•••••	** ** *	—	—	—				
Melons					••	** **						
Mustard				—	—	—		—	—			
Okra				•••	**							
Onions		••••••••••			** **							
Onions, overwinter							•••	**				
Onions, scallions					—	—	—	—				
Pac choi & choi sum				⌒	—	—	—	—				
Parsnips				—	—	—						
Peas				—	—	—	—					
Peppers		•••••				** ** *						
Quinoa					—	—						
Radish				⌒	—	—			—	—		
Rhubarb				••••••••	** ** **	** ** **	** ** **					
Rutabaga						—	—					
Spinach				⌒	—	—		⌒	—	—		
Squash/pumpkins					•••	— ** **						
Strawberries	••••••••••				** ** *							
Swiss chard						—	—					
Tomatoes			•••••		** ** *							
Turnips						—	—					

Fredericton	May 17 - Sept. 25 (130 days)	Halifax	May 7 - Oct. 18 (163 days)	Charlottetown	May 16 - Oct. 17 (153 days)
Moncton	May 22 - Oct. 18 (134 days)	Yarmouth	April 27 - Oct. 10 (176 days)	St. John's	May 30 - Oct. 17 (139 days)