

# Drug Information Sheet("Kusuri-no-Shiori")

External

Revised: 02/2020

The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.

**Brand name:** Nerisona Ointment 0.1%

**Active ingredient:** Diflucortolone valerate

**Dosage form:** white to slightly yellowish white ointment

**Imprint or print on wrapping:** ネリゾナ軟膏 0.1%, NSO



**Effects of this medicine**

This medicine is a steroid preparation for external use with anti-inflammatory effects which suppresses symptoms such as redness, swelling and itch of skin by suppressing edema/exudate/and proliferation of granulation tissue due to inflammation.

It is usually used to treat eczema/dermatitis, psoriasis, palmoplantar pustulosis, prurigo, erythroderma, chronic discoid lupus erythematosus, lichen amyloidosis and lichen ruber planus.

**The following patients may need to be careful when using this medicine. Be sure to tell your doctor and pharmacist.**

- If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines or foods.  
If you have skin tuberculosis, syphilitic skin diseases, herpes simplex, chickenpox, herpes zoster, vaccinia, eczematous external otitis with eardrum perforation, ulcer and burn/frostbite.
- If you are pregnant or breastfeeding.
- If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

**Dosing schedule (How to take this medicine)**

- Your dosing schedule prescribed by your doctor is(( to be written by a healthcare professional))
- In general, apply an appropriate amount of the medicine to the affected area, once to three times a day. Strictly follow the instructions.  
Do not apply this medicine to your eyes because it is not intended for ophthalmic use.
- If you miss a dose, apply the missed dose when you remember. However, if it is almost time for the next dose, skip the missed dose and follow your regular dosing schedule. You should not apply two doses at one time.
- If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
- Do not stop taking this medicine unless your doctor instructs you to do so.

**Precautions while taking this medicine**

- Do not use this medicine under makeup or after shaving.

**Possible adverse reactions to this medicine**

The most commonly reported adverse reactions include acne (pimples), skin irritation, worsening of skin eruption and rash. If any of these symptoms occur, consult with your doctor or pharmacist.

**The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.**

- (when applied to your eyelids or over a long period of time over a large area) headache, blurring of eyes, eye pain, sensitive to light [ocular hypertension, glaucoma, posterior subcapsular cataract]

**The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.**

**Storage conditions and other information**

- Keep out of the reach of children. Store away from direct sunlight, heat and moisture.
- Discard the remainder. Do not store them. Ask your pharmacy or medical institution on how to discard them.

**For healthcare professional use only** / /

For further information, talk to your doctor or pharmacist.