

# Drug Information Sheet("Kusuri-no-Shiori")

External

Published: 05/2020

The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.

**Brand name:** Methaderm cream 0.1%

**Active ingredient:** Dexamethasone propionate

**Dosage form:** white cream

**Imprint or print on wrapping:** (チューブ記載)

メサデルムクリーム 0.1% TC260 5g

メサデルムクリーム 0.1% TC260 10g



**Effects of this medicine**

This medicine is an adrenocortical steroid preparation for external use, which shows skin vasoconstrictive effects and topical anti-inflammatory effects, thereby improving symptoms such as itch, redness and swelling of the skin due to inflammation.

It is usually used to treat eczema/dermatitis group, prurigo group, insect bite, drug eruption/intoxication dermatosis, psoriasis and palmoplantar pustulosis.

**The following patients may need to be careful when using this medicine. Be sure to tell your doctor and pharmacist.**

- If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines or foods.  
If you have skin infection with bacteria/fungi/spirochetes/viruses, eczematous external otitis with tympanic membrane perforation, skin ulcer or burn/frostbite.
- If you are pregnant or breastfeeding.
- If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

**Dosing schedule (How to take this medicine)**

- Your dosing schedule prescribed by your doctor is(( to be written by a healthcare professional))
- In general, apply an appropriate amount of this medicine to the affected area, once to several times a day. Strictly follow the instructions.
- Do not apply this medicine to your eyes. If this medicine accidentally gets into your eyes, wash it out with water or lukewarm water immediately and consult with ophthalmologist.
- Avoid using tight-fitting diapers or plastic pants when applying the medicine to areas where the diaper touches.
- Do not use this medicine in a large amount or for a long period over a wide area.
- If you miss a dose, apply the missed dose when you remember. You should not apply two doses at one time.
- If you accidentally use more than your prescribed dose, consult with your doctor or pharmacist.
- Do not stop using this medicine unless your doctor instructs you to do so.

**Precautions while taking this medicine**

- Do not apply this medicine as a makeup base or after shave.

**Possible adverse reactions to this medicine**

The most commonly reported adverse reactions include folliculitis (with pus), flush/capillary dilatation (redness of the skin), skin atrophy, pimples and irritation. If any of these symptoms occur, consult with your doctor or pharmacist.

**The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.**

- (when used on eyelids, used a large amount or for a long period over a wide area, or sealing the applied area) eye pain, headache, reduced visual acuity [glaucoma]
- (when used a large amount or for a long period over a wide area, or sealing the applied area) reduced visual acuity, blurred vision, sensitive to bright light [posterior capsular cataract]

**The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.**

**Storage conditions and other information**

- Keep out of the reach of children. Store away from heat and moisture, in a light shielding condition.
- Discard the remainder. Do not store them. Ask the pharmacy or medical facility how to discard the remainder.

**For healthcare professional use only** / /

For further information, talk to your doctor or pharmacist.