

Drug Information Sheet("Kusuri-no-Shiori")

Internal
Revised: 06/2022

The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.

Brand name:LAC-B Tablet**Active ingredient:**Bifidobacterium**Dosage form:**white to grayish yellowish white tablet, diameter: 9.5 mm, thickness:
approx. 5.3 mm**Imprint or print on wrapping:**ラックビー, 051, LAC-B**Effects of this medicine**

This medicine is a bifidobacteria preparation. It allows bifidobacteria (dominant bacteria in the intestine) to grow and acetic acid/lactic acid produced by the bifidobacteria suppresses growth of harmful bacteria to normalize intestinal flora.

It is usually used to improve diarrhea, constipation, etc. due to abnormality of intestinal flora.

The following patients may need to be careful when using this medicine. Be sure to tell your doctor and pharmacist.

- If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines or foods.
- If you are pregnant or breastfeeding.
- If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

Dosing schedule (How to take this medicine)

- Your dosing schedule prescribed by your doctor is((to be written by a healthcare professional))
- In general, for adults, take 1 to 2 tablets (10 to 20 mg of the active ingredient) at a time, 3 times a day. The dosage may be adjusted according to the age or symptoms. Strictly follow the instructions.
- If you miss a dose, take the missed dose as soon as possible. Thereafter, continue your regular dosing schedule. You should not take two doses at one time.
- If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
- Do not stop taking this medicine unless your doctor instructs you to do so.

Precautions while taking this medicine**Possible adverse reactions to this medicine**

The most commonly reported adverse reactions include enlarged feeling of abdomen and rash. If any these symptoms occur, consult with your doctor or pharmacist.

The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.

No pertinent entries.

The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.

Storage conditions and other information

- Keep out of reach of children. Store at room temperature (1 to 30 degrees Celsius) away from direct sunlight and moisture.
- Discard the remainder. Do not store them. If you do not know how to discard them, ask the pharmacy or medical institution. Do not give them to other people.

For healthcare professional use only / /

For further information, talk to your doctor or pharmacist.