# Drug Information Sheet("Kusuri-no-Shiori")

Internal

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The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.

## **Brand name:** Dayvigo Tablets 10mg

Active ingredient:Lemborexant

**Dosage form:** faint yellow tablet, diameter: 7.1mm, thickness: approx. 3.3 mm

Print on wrapping:(Face)デエビゴ 10mg 10mg

(Back) デエビゴ 10mg LEM10 Dayvigo 10

# Effects of this medicine

This medicine helps you fall asleep easier and stay asleep longer by acting on the orexin receptors involved in awakening promotion.

It is usually used to treat insomnia.

#### Before using this medicine, be sure to tell your doctor and pharmacist

- If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines. If you have liver dysfunction.
- · If you are pregnant, possible pregnant, or breastfeeding.
- If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

#### Dosing schedule (How to take this medicine)

- Your dosing schedule prescribed by your doctor is((
- to be written by a healthcare professional)
- •In general, for adults, take 5 mg at a time once a day, just before bedtime. However, the dosage may be adjusted according to the symptoms and the maximum daily dose should not exceed 10 mg once a day. The dosage may be adjusted to 2.5 mg once a day, just before bedtime, according to the concomitant medicines.

This medicine contains 10 mg of the active ingredient in a tablet. Strictly follow the instructions.

- •Make sure to take this medicine just before bedtime. Do not take this medicine if you may get up and work temporarily after sleeping.
- •Do not take this medicine with or just after a meal as it may possibly delay the occurrence of its effects.
- If you miss a dose and have a long time before getting up in the next morning, you may take the missed dose. You should never take two doses at one time.
- ·If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
- Do not stop taking this medicine unless your doctor instructs you to do so.

## Precautions while taking this medicine

- •Since the effect of this medicine may extend to the next day, and sleepiness and decreased attention/concentration/reflex movement ability may occur, do not operate dangerous machinery such as driving a car.
- Refrain from drinking alcohol as it may intensify the medicinal effects.

#### Possible adverse reactions to this medicine

The most commonly reported adverse reactions include somnolence, headache and malaise. If any of these symptoms occur, consult with your doctor or pharmacist.

The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.

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No pertinent entries.

The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.

## Storage conditions and other information

- · Keep out of the reach of children. Store away from direct sunlight, heat and moisture.
- ·Discard the remainder. Do not store them.

# For healthcare professional use only

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For further information, talk to your doctor or pharmacist.