


# Drug Information Sheet("Kusuri-no-Shiori")

Internal  
Revised: 11/2010

<p>The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.</p>	
<p><b>Brand name:</b>CINAL Combination Tablets</p> <p><b>Active ingredient:</b>Ascorbic acid Calcium pantothenate</p> <p><b>Dosage form:</b>light yellow tablet ( φ : 10.0 mm, thickness: 4.7 mm)</p> <p><b>Print on wrapping:</b> (Face)シナール配合錠, (Back)438 シナール配合錠</p>	
<p><b>Effects of this medicine</b></p> <p>This medicine is a vitamin complex which combines both pantothenic acid and vitamin C(ascorbic acid). It is usually used for supplement of vitamin C or pantothenic acid in the case shortage of those vitamins such as illness, pregnancy or breastfeeding, etc. In addition, CINAL is also used for improvement of the skin pigmentation(stains) by suppressing the formation of melanin pigment.</p>	
<p><b>Before using this medicine, be sure to tell your doctor and pharmacist</b></p> <ul style="list-style-type: none"> <li>•If you ever experienced any allergic reaction (itch, rash etc.) to any medicine.</li> <li>•If you are pregnant or breastfeeding.</li> <li>•If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)</li> </ul>	
<p><b>Dosing schedule (How to take this medicine)</b></p> <ul style="list-style-type: none"> <li>•Your dosing schedule prescribed by your doctor is&lt;&lt; to be written by a healthcare professional&gt;&gt;</li> <li>•General dosage regimen: For adults, take 1 to 3 tablets at a time, 1 to 3 times a day. The dosage may be adjusted according to the diseases, age or symptoms. Strictly follow the instructions of your doctor/pharmacist.</li> <li>•If you miss a dose, take it as soon as you remember. However, if it is close to your next dose, skip the missed dose and continue your regular dosing schedule.</li> <li>•If you took too much of the medicine (more than ordered), check with your doctor/pharmacist.</li> <li>•Do not stop taking the medicine without the instructions of your doctor.</li> </ul>	
<p><b>Precautions while taking this medicine</b></p>	
<p><b>Possible adverse reactions to this medicine</b></p> <p>Common side effects are reported as below. If any of them occurs, check with your doctor/pharmacist: stomach discomfort, nausea, vomit, diarrhea, etc.</p> <p><b>The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.</b></p> <p>No pertinent entries.</p> <p><b>The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.</b></p>	
<p><b>Storage conditions and other information</b></p> <ul style="list-style-type: none"> <li>•Keep the medicine out of the reach of children. Store it at room temperature ranging 1 to 30°C, away from direct sunlight and moisture.</li> <li>•Discard the remainder. Do not store them.</li> </ul>	
<p><b>For healthcare professional use only</b>     /     /</p>	

For further information, talk to your doctor or pharmacist.