

# Drug Information Sheet("Kusuri-no-Shiori")

Internal

Revised: 12/2019

The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.

**Brand name:** Bilanoa tablet 20mg

**Active ingredient:** Bilastine

**Dosage form:** white round tablet, diameter: 7.0 mm, thickness: 2.6 mm

**Imprint or print on wrapping:** ビラノア錠 20mg, ビラノア 20mg TC11



## Effects of this medicine

This medicine has antagonistic action on histamine H<sub>1</sub> receptors. It relieves nasal symptoms such as sneezing, runny nose and stuffed nose caused by seasonal (including Japanese cedar pollen allergy) and perennial allergic rhinitis due to mites and house dust, symptoms of hives, and itching of skin associated with eczema/dermatitis (including insect bites) and pruritus.

It is usually used to treat symptoms of allergic rhinitis and hives, and itching of skin associated with skin disease (eczema, dermatitis and pruritus).

## The following patients may need to be careful when using this medicine. Be sure to tell your doctor and pharmacist.

- If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines or foods.
- If you have renal dysfunction.
- If you are pregnant or breastfeeding.
- If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

## Dosing schedule (How to take this medicine)

- Your dosing schedule prescribed by your doctor is(( to be written by a healthcare professional))
- In general, for adults, take 1 tablet (20 mg of the active ingredient) at a time, once a day on an empty stomach (approximately 1 hour before meal or at least 2 hours after meal). Strictly follow the instructions.
- If you miss a dose, take the missed dose as soon as possible. However, if it is almost time for the next dose, skip the missed dose and follow your regular dosing schedule. You should never take two doses at one time.
- If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
- Do not stop taking this medicine unless your doctor instructs you to do so.

## Precautions while taking this medicine

### Possible adverse reactions to this medicine

The reported adverse reactions include sleepiness, dry mouth, headache, rash, itch, angioedema and erythema multiforme. If any of these symptoms occur, consult with your doctor or pharmacist.

**The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.**

- facial pallor, dyspnea, hives [shock, anaphylaxis]

**The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.**

### Storage conditions and other information

- Keep out of reach of children. Store away from direct sunlight, heat and moisture.
- Discard the remainder. Do not store them.

**For healthcare professional use only** / /

For further information, talk to your doctor or pharmacist.