## Drug Information Sheet("Kusuri-no-Shiori")

Internal Revised: 12/2022

The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval
details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is
important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.
Brand name:BIOFERMIN TABLETS
Active ingredient:Bifidobacterium
<b>Dosage form:</b> white to faintly pale yellow tablet, diameter: 8 mm, thickness: 4.2 mm
Imprint or print on wrapping:BF13, ビオフェルミン錠剤
Effects of this medicine
This medicine improves abdominal symptoms such as diarrhea, loose stool, constipation or abdominal bloating by
bifidobacteria normalizing intestinal environment.
It is usually used to improve various symptoms due to abnormalities in the intestinal flora.
The following patients may need to be careful when using this medicine.Be sure to tell your doctor and
pharmacist.
• If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines or foods.
• If you are pregnant or breastfeeding.
• If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal
effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)
Dosing schedule (How to take this medicine)
• Your dosing schedule prescribed by your doctor is(( to be written by a healthcare professional))
•In general, for adults, take 1 to 2 tablets at a time, 3 times a day. The dosage may be adjusted according to your age
or symptoms. Strictly follow the instructions.
• If you miss a dose, take the missed dose as soon as possible. However, if it is almost time for the next dose, skip the
missed dose and follow your regular dosing schedule. You should not take two doses at one time.
• If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
•Do not stop taking this medicine unless your doctor instructs you to do so.
Precautions while taking this medicine
Possible adverse reactions to this medicine
No pertinent entries.
The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated
in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor
immediately.
No pertinent entries.
The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.
Storage conditions and other information
•Keep out of the reach of children. Store at room temperature (1 to 30 degrees Celsius) away from direct sunlight
and moisture.
•Discard the remainder. Do not store them. If you do not know how to dispose of it, please consult the pharmacy or
medical institution where you received it. Please do not give it to others.
For healthcare professional use only / /

For further information, talk to your doctor or pharmacist.