


Drug Information Sheet("Kusuri-no-Shiori")

Internal
Revised: 01/2008

<p>The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.</p>	
<p>Brand name:Alesion Tablets 20 Active ingredient:Epinastine hydrochloride Dosage form:white to palish yellow tablet (thickness: 3.2mm, diameter: 8.0mm) Print on wrapping:(Face) Alesion 20mg, 2P (Back)アレジオン 20mg, company logo, Boehringer Ingelheim, recycle mark</p>	
<p>Effects of this medicine This medicine is a selective H₁-receptor antagonist and also has an antiallergic effect by inhibiting the release of allergy-inducing substances such as histamine. Usually, this medicine is used to treat bronchial asthma, allergic rhinitis, urticaria, eczema, dermatitis, pruritus cutaneous, prurigo and psoriasis vulgaris with pruritus.</p>	
<p>Before using this medicine, be sure to tell your doctor and pharmacist</p> <ul style="list-style-type: none"> •If you have ever had any unusual or allergic reaction (itch, rash etc.) to any medicines. If you have liver disease or a history of liver disease. •If you are pregnant or breastfeeding. •If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.) 	
<p>Dosing schedule (How to take this medicine)</p> <ul style="list-style-type: none"> •Your dosing schedule prescribed by your doctor is<< to be written by a healthcare professional>> •General dosage regimen: <u>Bronchial asthma and skin diseases such as urticaria</u>, Usually for adults, one tablet (20mg of epinastine hydrochloride) is orally administered once daily. <u>Allergic rhinitis</u>, Usually for adults, 1/2 to one tablet (10-20mg of epinastine hydrochloride) is orally administered once daily. The dosage may be adjusted according to disease to be treated, patient's age and severity of symptoms. Follow your doctor's instructions. •If you are ordered to take this medicine on regular schedule and you missed a dose, take as soon as possible. If it is almost time for the next dose, skip the missed dose and continue your regular dosing schedule. DO NOT take a double dose to make up for the missed dose. •If you took too much of this medicine (more than ordered), check with your doctor/pharmacist. •Do not stop taking this medicine without the instructions of your doctor. 	
<p>Precautions while taking this medicine</p> <ul style="list-style-type: none"> •Use caution when driving, operating machinery or engaging in other hazardous activities. This medicine may cause drowsiness. 	
<p>Possible adverse reactions to this medicine Common side effects are reported as below. If any of them occurs, check with your doctor/pharmacist: drowsiness, fatigue, headache, thirst/dry mouth, stomach discomfort, nausea, abdominal pain, edema (face, limbs), rash, urticaria, itching, erythema, frequent urination.</p> <p>The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.</p> <ul style="list-style-type: none"> •generalized fatigue, loss of appetite, yellowness of the skin or conjunctiva, etc. [hepatic dysfunction, jaundice] •nose bleeding, gum bleeding, subcutaneous bleeding of the limbs (bruise) [thrombocytopenia] <p>The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.</p>	
<p>Storage conditions and other information</p> <ul style="list-style-type: none"> •Keep out of the reach of children. Store away from direct sunlight, heat and moisture. Avoid moisture after opening. •Discard unused medicine. 	
<p>For healthcare professional use only / /</p>	



For further information, talk to your doctor or pharmacist.