## Drug Information Sheet("Kusuri-no-Shiori")

Internal Revised: 07/2015

The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval
details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is
important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response,
patients should understand their medication and cooperate with the treatment.
Brand name:TSUMURA Tokishigyakukagoshuyushokyoto Extract
Active ingredient: Tokishigyakukagoshuyushokyoto
Dosage form: light brown granules
Imprint or print on wrapping:ツムラ当帰四逆加呉茱萸生姜湯(トウキシギャクカゴシュ
ユショウキョウトウ)2.5 g 「38」
Effects of this medicine
This medicine has been prescribed according to your symptoms and constitution.
This Kampo(Japanese traditional herbal) medicine has been prescribed to those patients who have cold limbs and are
likely to have pain in the lower limbs or lower abdomen when their lower limbs are cold.
It is usually used to treat chilblain, headache, lower abdominal pain and low back pain.
The following patients may need to be careful when using this medicine.Be sure to tell your doctor and
pharmacist.
• If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines or foods.
•If you are pregnant or breastfeeding.
•If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal
effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)
Dosing schedule (How to take this medicine)
• Your dosing schedule prescribed by your doctor is(( to be written by a healthcare professional))
•In general, for adults, take 7.5 g a day orally in 2 or 3 divided doses with cold or lukewarm water before or between
meals. The dosage may be adjusted according to your age, body weight and symptoms. Strictly follow your
instructions.
•If you miss a dose, take the missed dose as soon as possible. However, if the next dose is within two hours, skip the
missed dose and continue with your regular dosing schedule. You should not take two doses at one time.
• If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
•Do not stop taking this medicine unless your doctor instructs you to do so.
Precautions while taking this medicine
Possible adverse reactions to this medicine
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For further information, talk to your doctor or pharmacist.