

FRONTAL CORTEX

HIPPOCAMPUS

OTTO

THE INVISIBLE LINE

YOU CONTROL YOUR MIND

EPISODE 3

SIMON

ROW
OUR
MIND

PRE-FRONTAL CORTEX

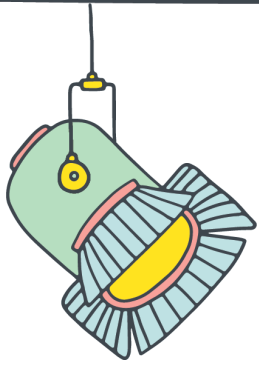
THE INVISIBLE LINE EPISODE

Write down the 3 character strengths needed for this episode:

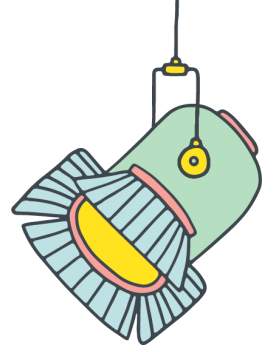
Colour those strengths in:

Respect
Empathy
Confidence

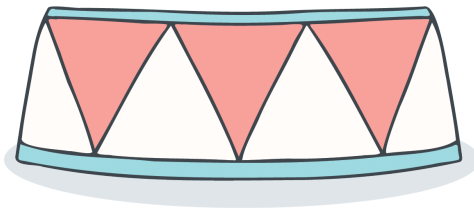
Can you think of someone with one of these strengths? Who?
How have they demonstrated this strength?



THE STAR OF THE SHOW IS...



Draw them down there!



Animal Name: _____

Fancy Brain Name: _____

Interesting fact about this animal is: _____

TAKE IT TO THE EXPERTS!

Grab a microphone (or a hairbrush) and start interviewing!

Would you rather sleep with a rat or be clear with your boundaries?

What are the most important qualities for you in a friend?

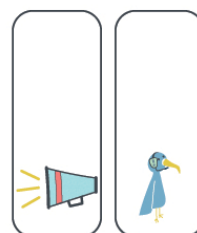
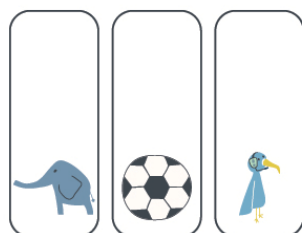
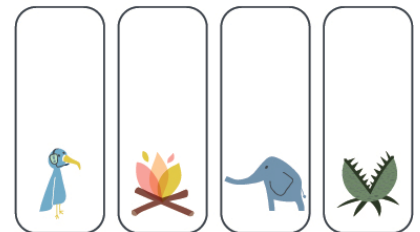
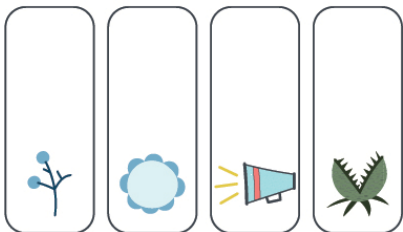
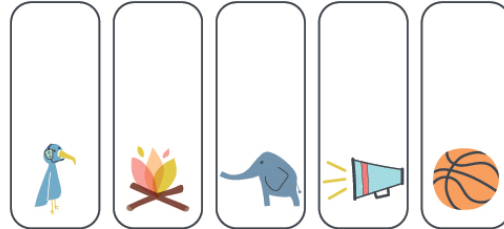
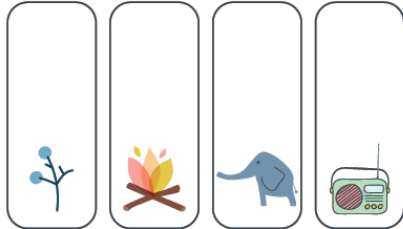
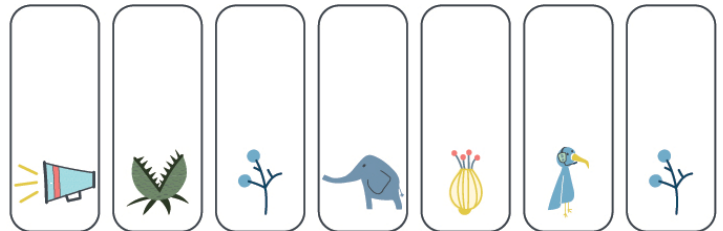
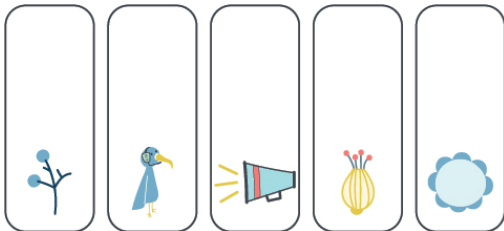
What things are NOT ok for you when it comes to a friend?

Do you think its ok to say yes but then change your mind and say no? Why/why not?

Do you find it easy or hard to set a boundary?

CRACK THE CODE!

USE THE GROW YOUR MIND ALPHABET ON THE NEXT PAGE TO UNCOVER THE MYSTERY MESSAGE!



THE GROW YOUR MIND ALPHABET!



A



B



C



D



E



F



G



H



I



J



K



L



M



N



O



P



Q



R



S



T



U



V



W



X



Y



Z



0



1



2



3



4



5



6



7



8



9

DRAWING CHALLENGE!



Guess what? Stick insects are not particularly social, therefore there is no collective noun for a group of them.

Draw a bunch of stick insects and

-THINGS THAT-



ARE NOT
OKAY FOR ME



THE INVISIBLE LINE

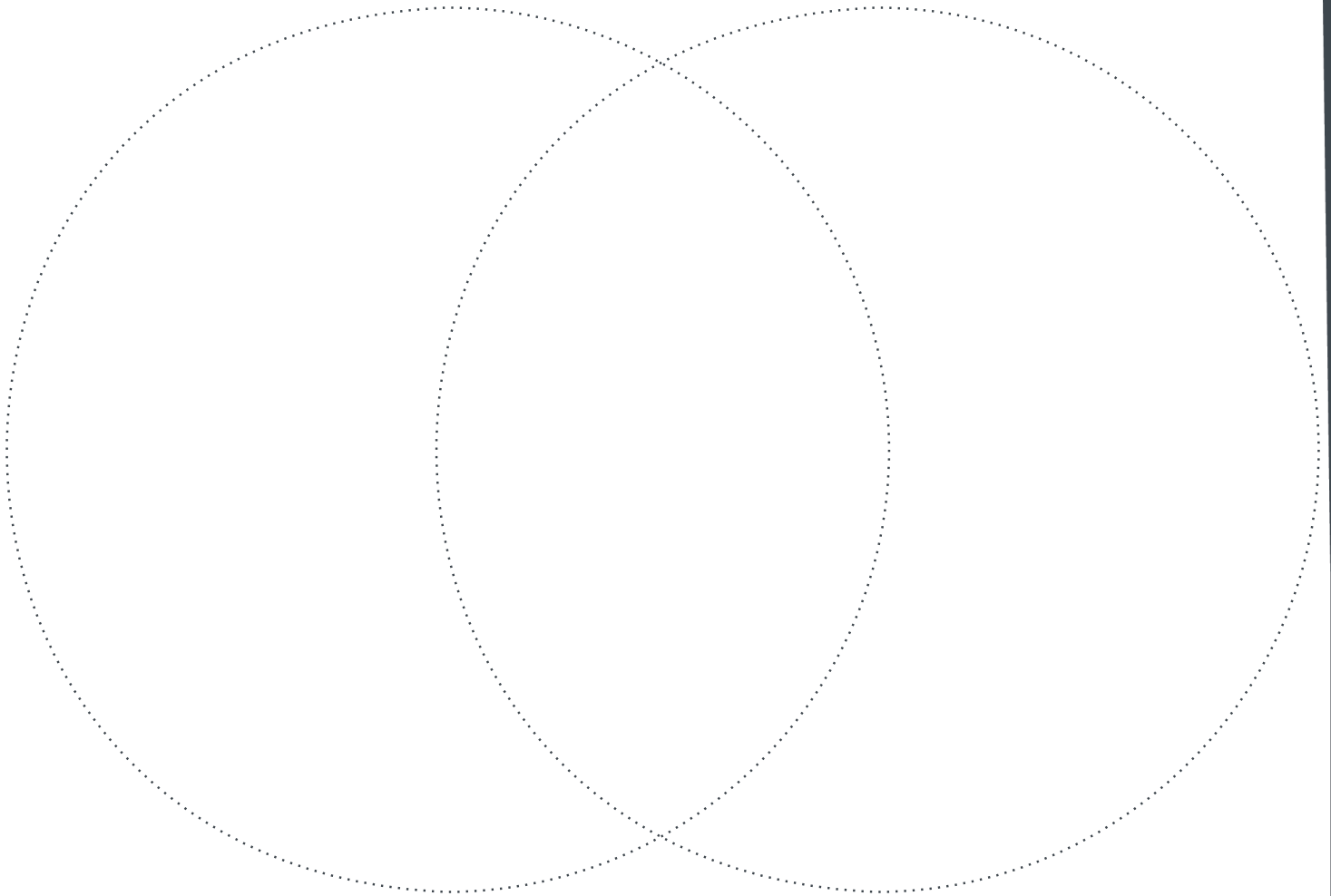


What's not
okay for
you? Maybe
it's lying, or
pushing or
teasing?



VENN DIAGRAM IT UP WITH SOMEONE!

Where the circles overlap are what share in common.
Where the circles don't overlap are your differences.



OUR INTERESTS!

The circle on the left belongs
to:

The circle on the right belongs
