

When we are kind we shrink our Guard dog: And we GROW our Wise Owl!



My Kindness Intention:

Today I will show kindness by.....

This week I will show someone I care about them by.....

I will try and do one kind act for the planet by....

Name three health benefits of being kind:

1.

2.

3.

Why do you think the clip is called the kindness boomerang?

What do you think the main message from the clip is?

Do you think kindness could be contagious? If yes, how?

The Golden Rule

What is the main message of The Golden Rule?

What do you think would happen if everyone started following it?

What is one way you could practice the Golden Rule?
