

Name \_\_\_\_\_

# Grow Your Mind No Mud, No Lotus.



When have you made a mistake? What was it?

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What did you learn from it?

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The lotus **ONLY** grows in the mud.

The 'mud' is the struggle,  
the mistake, the hard times.

The 'lotus' is the growth, it is when  
you have mastered a skill.

No mud, no lotus!

How could this help you the next time you have a set back?  
Or are learning something new that is tricky?

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