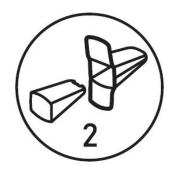


The Underdog - Quick Start Guide



Freeze both ice packs



Sleeve an ice pack



Insert The Underdog between seat and pants

see the Detailed User Guide at https://underdogfertility.com/pages/support