

TASTE OF LIFE



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DAISY WANG
SHEN YUN DANCER
苦樂自從舞中來

ILLUSTRATING HUMANITY
描繪高貴的靈魂

OVER THE MOON
月圓之時

MALTA FOR THE SENSES
地中海之心





Skin Deep

美的使者

身為創立自己護膚品牌的企業家，Jennifer Brodeur在成功的光環之外，也幸福地享受著寧靜家庭生活的滋養。

Text by Kate Missine Translated by Ting Zhao Produced by Many Ngom

對眾多女性來說，鏡頭裏女明星那無暇的肌膚是永遠追尋的目標，而Jennifer Brodeur正是手握如何達成這一目標秘訣的關鍵人物。做為業內知名護膚專家，Jennifer創立的護膚品牌JB Skin Guru受到脫口秀女王奧普拉·溫弗瑞、前美國第一夫人蜜雪兒·奧巴馬和加拿大影星Karine Vanasse的青睞。幫助女性打造完美肌膚、抗衡歲月和環境侵襲絕非易事，Jennifer表示，這同時需要專業知識、聰明才智和追求完美的精神。幸運的是，出生在蒙特利爾的Jennifer似乎具備全部條件。在創立自己的護膚品牌前，她已在化妝品化學、醫學美容、有機護膚等領域鑽研了超過二十年。長期專業知識和經驗的積累，讓Jennifer迅速成長為一名出色的行業引領者和開拓者。她發明的LED光療儀Max+在2005年獲得了發明大獎（Innovation Prize）。不過，在忙碌的工作結束之後，這位事業有成的女企業家卻會讓自己回歸最簡單的生活。讀一本好書，嘗試做一道好菜，與家人共度一段美好的時光，都是讓身心獲得滋養呵護的好方式。

Celebrity skin guru and entrepreneur Jennifer Brodeur lets us in on her grounded lifestyle and the “less is more” philosophy behind screen stars’ coveted shine.

Unlocking the secrets behind celebrities’ flawless skin is at the top of most women’s beauty bucket lists. But for Montreal-born Jennifer Brodeur, skin strategist to the likes of Oprah Winfrey, Karine Vanasse, and Michelle Obama, bringing out the glow in some of the world’s best known faces is simply another day’s work. Achieving the title of skin guru to the stars takes a special kind of savoir-faire and an unyielding quest for perfection, both of which Brodeur has down to a science — literally. As founder of holistic skin care line JB Skin Guru, she has spent over 20 years researching and amassing knowledge in cosmetic chemistry, oncology aesthetics, and organic skin science. Brodeur’s trailblazing approach has paved her path as a leader: from speaking on entrepreneurship to educating students and clients about wellness, to her multiple award nominations, including the Innovation Prize in 2005 for her invention Max+, a pioneering LED light-therapy machine. But at the end of the day, the things that the dynamic entrepreneur enjoys are simple: a good read, experimenting in the kitchen, and making memories with her family.



JENNIFER BRODEUR'S FAVOURITE THINGS:

For Brodeur, beauty is all about purity and getting back to basics. In her own routine, this means streamlining: her natural radiance enhanced with botanical-based **La Crème PEONI**, a swipe of **Chanel gloss**, and a spritz of **Chanel's Coco Noir**. She sports a sleek pair of British brand **Cutler and Gross glasses**, with **Louis Vuitton's Pallas Clutch** her latest choice among, admittedly, “too many bags.” **Pedro Garcia's Parsons 'Phat' Laced Frayed Satin Sneakers** are her current footwear crush, while an elegant **Max Mara Camel Icon Coat** tops her fashion wishlist. She loves to shop local whenever possible, from Montreal’s **Ça va de soi essential knits**, to handcrafted **Ecksand jewellery**, to her locally-made **Montauk sofa**. Aesthetically, Brodeur favours the classics: **Leo Tolstoy's Anna Karenina**, which she revisits each year, and **Helene Schjerfbeck's dainty Dancing Shoes** painting. Armed with her **Burberry Packaway Cape** and **L'extraït Peoni** face oil in her **Tumi Larkin**, she whizzes off to soak in the Maui sunshine, to **Helsinki** to rediscover her roots, or to Milan for its cosmopolitan charm and the best gluten-free pizza. A stay at The Jefferson Hotel in DC or Quebec City’s Fairmont Le Château Frontenac is always a welcome treat, as is the vibrancy of fresh-cut flowers — white peonies are her favourite — or the silky taste of **caramel fleur-de-sel** at **Montreal's Juliette & Chocolat cafe**.

Jennifer的最愛：

在Jennifer Brodeur心中，真正的美是純潔簡單的，這從她日常生活的點點滴滴中都可以體現出來。**La Crème PEONI**系列天然植物護膚品，**香奈兒唇彩**，**Coco Noir**系列**香奈兒香水**是她出門前的常備。**Pedro Garcia**蕾絲運動鞋與**Max Mara**駝色風衣是她近期的最愛。戴上一副英國品牌**Cutler and Gross**的墨鏡，挎上**路易威登**經典的**Pallas**手袋，就可以外出啦。Jennifer還會經常光顧一些加拿大本土的精品店，從**Ça va de soi**的針織衫，**Ecksand**的手工珠寶到在加拿大本土製造的**Montauk**沙發。對於藝術，Jennifer更青睞古典和經典作品，她會每年重溫**列夫·托爾斯泰**的小說《**安娜·卡列尼娜**》，她最喜歡的一幅畫作是芬蘭畫家**Helene Schjerfbeck**所繪的「舞鞋」。旅行時，她會在自己的**Tumi Larkin**旅行箱裏放上**Burberry Packaway**外套和**L'extraït Peoni**面霜。然後飛往夏威夷茂宜島接受陽光的沐浴，或者來一場**赫爾辛基**的尋根之旅，或是到**米蘭**感受時尚都市的魅力和享用最美味的無麩比薩。她喜歡住在DC的**Jefferson Hotel**酒店和魁北克的**Fairmont Le Château Frontenac**酒店，那裏都有美麗的花園，其中的**白芍藥**是Jennifer最喜歡的花。如果有時間，她也很願意去蒙特利爾的**Juliette & Chocolat**咖啡館享受一下口感絲質潤滑的**法式海鹽焦糖**。

Photography by Andr e Gauthier