

Check-in

THE LATEST IN TRAVEL NEWS.
THIS MONTH, LET'S GET PACKING.



JB Skin Guru Le Masque
(\$75, jbskinguru.com)

Carry on
There's a Japanese term, *mono no aware*, used to describe the profound pathos of things and awareness of their transience. It was with this in mind that Canadian friends Victor Tam, Albert Chan and Daniel Shin created their direct-to-consumer luggage brand, Monos, aiming to encourage more mindfulness during travel. Designed in Vancouver, the understated hard-case pieces are made with aerospace-grade Makrolon polycarbonate in a lighter version: The shell has Superman-level strength, and the Japanese-manufactured wheels are silent while you're on the move. In keeping with the brand's minimalist aesthetic, each suitcase is available in one of eight solid colors, but it's the limited-edition terrazzo option that's just begging us to whisk one away somewhere sunny. (From \$375, monos.com)



Bastide Elixir II Nourishing Oil for Face & Décolleté (\$130, at Holt Renfrew, holtrenfrew.com)
JB Skin Guru Le Masque (\$75, jbskinguru.com)
Nuori Protect+ Cleansing Milk (\$58, at Etiket, etiket.ca)

Climate control

Skincare tips for trans-seasonal travel.

START ON THE PLANE Skip the makeup, sodium-laden snacks and mid-flight glass of wine. "The dry air will suck the moisture from your skin," says Jennifer Brodeur, Montreal-based founder of JB Skin Guru and facialist to Michelle Obama. "Let your skin breathe."
CLEANSE DEEPLY Activity-packed days and boozy nights demand a thorough cleanse. "A creamy cleanser, face oil and sheet mask work wonders," says Brodeur. "Don't overcleanse or strip the skin; [just] ensure you are maintaining hydration levels."
AVOID HARSH EXFOLIANTS "You can't expect to go from extreme cold to warmth and have your skin show no signs [of changes]," warns Brodeur. "Keep it light; it's time to be minimalistic."



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ON THE GO

Sometimes you need to hop off a plane not looking like you just hopped off a plane.



Leather belt bag, Want Les Essentiels (\$350, wanttoapharmacy.com)



Cashmere travel set, Allude (\$1,503, at matchefashion.com)



Silk scarf, Treasure & Bond (\$68, at Nordstrom, nordstrom.com)



Recycled-polyester weekender bag, Everlane (\$116, everlane.com)



Insulated bomber jacket, Arc'teryx (\$270, arcteryx.com)



JB SKIN GURU FEATURED IN ELLE CANADA
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