



like? I always check the skin and look at what's going on. After that, I do a good cleanse with steam and

What's a typical facial from you

vibration therapy, which tightens up the skin. After that, I do a light chemical peel, followed by extrac-tions, and then I will do a mask. Usually, I'll do some sort of mask with microcurrent. I switch it up so much. Sometimes I will also do another mask after that, and end with the LED light.

What are some at-home skin-care tips that you like to share with clients? I'd like everyone to use a retinol, if they can. [It's] one of the best anti-aging ingredients. Obviously, a sunscreen, hyaluronic acid and always something to exfoliate with. I love a chemical exfoliant once a week at home. Dr. Dennis Gross peel pads are



CELEBRITY FANS Michelle Obomo Karine Vanasse BEST KNOWN FOR Being Oprah Winfrey's trusted "skin-care strategist"

Jennifer Brodeur got her start in the beauty business when she developed a custom LED light therapy device called Max+ used around the world. But her career skyrocketed

when her skin-care line Peoni landed on Oprah's Favorite Things list. When the Montreal-based skin-care guru isn't making house calls for Oprah (who turned to the expert for her look at this year's

Golden Globe Awards), she's heading to appointments with clients like former first lady of the U.S. Michelle Obama. (Michelle's radiant complexion on the cover of her upcoming book, Becoming? That's Jennifer's handiwork). Here, Jennifer opens up about her career highs and skin-care philosophy.

When did you start working with Oprah? I've been working with her for a long time. She was one of the first clients to use Peoni. She loved everything about it. I didn't know until later that we were chosen [for Oprah's Favorite Things]. It was a pivotal moment in my career. For her to do that for me was a blessing. It was like my first Oscar.

Michelle Obama is another one of your clients. Ms. Winfrey introduced us. When I first met her, I wasn't sure if it was going

L'essence, \$60.

to be a one-off because she already had someone taking care of her skin. She asked if I'd come to the White House. I started going there regularly.

What does a typical treatment from you involve? People say that my facials are mystical.

I really feel like the skin speaks to me. I cut it up in eight sections in my mind and look at it three dimensionally I also have a questionnaire prior to that. I have different brushes and am particular about the quality. You could do a red carpet within minutes of my facials.



My clients always leave with a very detailed SOS package, especially if they're celebrities.

How often do clients come in to see you? I have the privilege of treating very A-type clients and it's perfect for me. I have a wait list of clients to see me weekly and

I have to say, "It's OK. You can take a month off." It's a case by case, depending on the event. If it's a wedding, I like to take them in six months prior. We look at everything from

shampoo to medication. From there, I send what I call my "epidermal strategy" with advice on

skin care and what they should be implementing in their lifestyle.

over-exfoliating, and get more sleep. Everyone can master how to get more sleep. We don't realize that when you sleep, your body rehy-drates itself. If you're not sleeping, you're not hydrating and if you're not hydrating, your skin will show it and that leads to a whole barrage

HELLO!





