



Take Montrealer Jennifer

Brodeur, who created the custom LED-light-therapy machine MAX+, which she uses to treat her bevy of A-list clients like Oprah, Ava DuVernay and Michelle Obama. The one constant we've found across every continent: Treatments are tailored to the desire for immediate results.



THE THRILL OF destination shopping has been tempered by online availability, but experiencing the world's best beauty treatments still requires good old-fashioned travel.

Paris is home to the flagship spas of storied French beauty houses, where sumptuous products and face-lifting massage are *de rigueur*. Both Guerlain and Biologique Recherche have spas tucked away within their storefronts on the Champs-Élysées, while Chanel's one and only spa is housed, fittingly, in founder Coco's former home, the Ritz, in Place Vendôme, just around the corner from the Darphin Institute. Across the English Channel, some of the world's most-sought-after dermatologists operate clinics within the unassuming townhouses along Harley Street—an area that has been noted for its large number of medical professionals since the early 1900s—in central London. On this side of the Atlantic, enterprising facialists like Victoria Radford, who toured internationally as Fergie's makeup artist for two years and now works between Toronto and London, make it a point to pick up techniques from international experts—and if they can't find what they need, they design it themselves. Take Montrealer Jennifer Brodeur, who created the custom LED-light-therapy machine MAX+, which she uses to treat her bevy of A-list clients like Oprah, Ava DuVernay and Michelle Obama. The one constant we've found across every continent: Treatments are tailored to the desire for immediate results.

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**WHEN IN... TORONTO
RADFORD**

At Radford, Victoria Radford's newly opened beauty studio in ritzy Yorkville Village, the Hollywood Facial is a top draw. (They also offer hair and makeup services.) In phase one, low-frequency sound waves are used to prep the skin for iontophoresis, a mild electric current that follows in phase two. "Imagine if you took two magnets and tried to force them together the wrong way around," says Radford of the treatment. "It uses that force to push product much deeper into the skin." All of Radford's facials are completely customized and aim "to visibly improve the individual's skin as much as possible within the treatment time," she says.

Whichever treatment you get, expect to glow.



**FINAL
DESTINATION**



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