

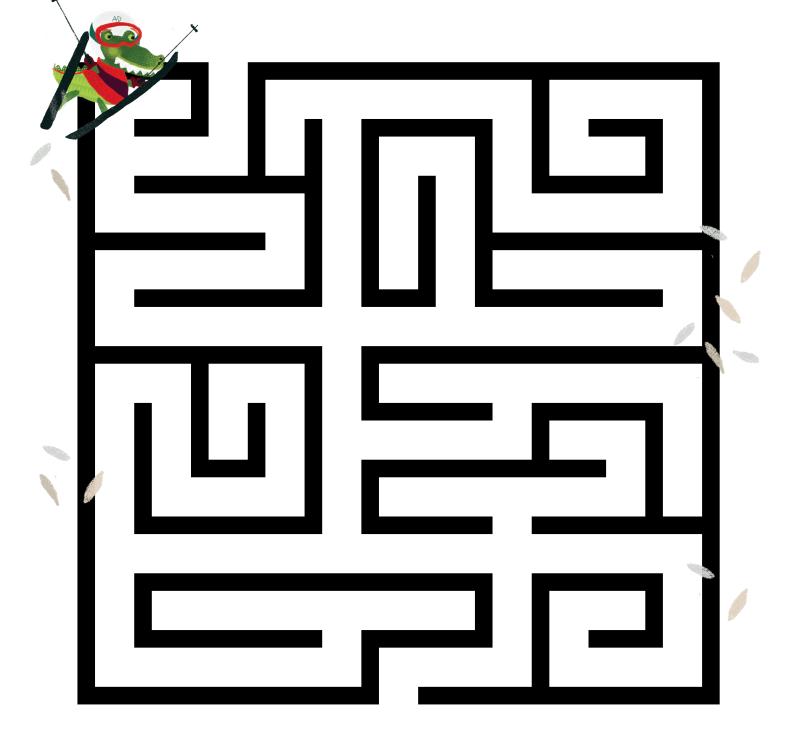
Hey Taste Buds!

Rice is the food Kalamata probably eats more than any other, because you can eat it in so many different ways! Did you know rice is a staple food for more than half of the world's population? Probably because it's so tasty. Read on to dig into this versatile dish!





Help Al Dente ski his way through the rice-filled snow.







See how many rice words you can spot.

F	Е	н	С	R	A	т	S	R	
I.	D	0	U	Α	R	L	U	С	
G	Т	L	F	F	R	R	Ζ	E	
R	Е	н	Е	W	0	Μ	Ν	J	
Α	Q	В	Υ	Т	Ζ	Υ	Α	В	
Т	т	N	L	D	F	S	X	Ο	
Ν	Α	R	X	F	Μ	т	Ζ	Е	
т	Α	J	U	Т	0	Α	R	С	
Μ	н	L	N	Ζ	0	Α	D	Т	
S	F	Е	Χ	С	н	н	L	R	
I	т	Α	Μ	S	Α	В	Е	I	
Rice			Field				Arroz		
Fluffy			Starch				Jasmine		
Grain	1		Bhaat				Basmati		





Fill In the Blank

Find a buddy and ask them to fill in the blanks without showing them Al Dente's poem. See what fun you come up with together!

d TEXTURE WORD
you are
rice
at the chance to

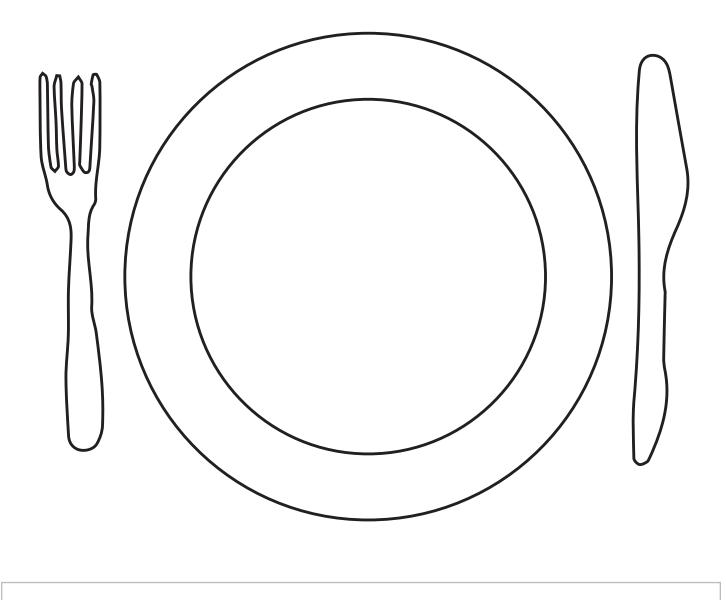


Follow us on social for more fun Mind Open, Fork Ready bites! @KalamatasKitchen

Rice

Create Your Own

If you could make your own dish with rice, what would it be called and how would it look?



Name:





Try some rice in a dish. Now check the boxes for

what it tastes like most.

