



Courage Cards

Dinner Table

Hey grown-ups, here's a game the whole family can play. And it will help your little Taste Buds open up and help you understand how they're feeling. Cut these out and put them in a jar, and every night have someone pick them out. Then go around the dinner table and share your answers.

<p>When was the last time you were brave?</p>	<p>What is your favorite memory?</p>
<p>Who is the bravest person you know?</p>	<p>What is the silliest thing that happened to you today?</p>
<p>Tell about a time when you were scared.</p>	<p>What's your favorite meal you've ever had?</p>
<p>What is your comfort food? Why?</p>	<p>If you could travel anywhere, where would you go?</p>
<p>What's your favorite trip you've ever taken?</p>	<p>What is your favorite smell? Why?</p>