

2018 08 15 111 SB

Ordering Provider:
David Getuwell, MD

Samples Received
08/15/2018

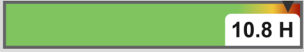
Report Date
08/20/2018

Samples Collected
Saliva - 08/12/18 07:40
Saliva - 08/12/18 12:00
Saliva - 08/12/18 18:00
Saliva - 08/12/18 22:00
Blood Spot - 08/12/18 07:40

Patient Name:

Patient Phone Number: 555 555 5555

| | | |
|-----------------------------------|----------------------------|-----------------------|
| Gender Male | Height 5 ft 7 in | Waist 31 in |
| DOB 11/29/1983 (34 yrs) | Weight 160 lb | BMI 25.1 |

| TEST NAME | RESULTS 08/12/18 | RANGE |
|------------|------------------------------------------------------------------------------------------|------------------------------|
| Blood Spot | | |
| PSA |  10.8 H | <0.5-4 ng/mL (optimal 0.5-2) |

<dL = Less than the detectable limit of the lab. N/A = Not applicable; 1 or more values used in this calculation is less than the detectable limit. H = High. L = Low. * For research purposes only.

Therapies

None

Disclaimer: Symptom Categories below show percent of symptoms self-reported by the patient compared to total available symptoms for each category. For detailed information on category breakdowns, go to www.zrtlab.com/patient-symptoms.

| SYMPTOM CATEGORIES | | RESULTS 08/12/18 |
|----------------------------------------------|-----|--------------------|
| Estrogen / Progesterone Deficiency | 10% | |
| Estrogen Dominance / Progesterone Deficiency | 3% | |
| Low Androgens (DHEA/Testosterone) | 23% | |
| High Androgens (DHEA/Testosterone) | 21% | |
| Low Cortisol | 35% | |
| High Cortisol | 31% | |
| Hypometabolism | 26% | |
| Metabolic Syndrome | 13% | |

| SYMPTOM CHECKLIST | MILD | MODERATE | SEVERE |
|----------------------------|------|----------|--------|
| Acne | | | |
| Aggressive Behavior | | | |
| Allergies | | | |
| Anxious | | | |
| Apathy | | | |
| Blood Pressure High | | | |
| Blood Pressure Low | | | |
| Blood Sugar Low | | | |
| Body Temperature Cold | | | |
| Bone Loss | | | |
| Burned Out Feeling | | | |
| Chemical Sensitivity | | | |
| Cholesterol High | | | |
| Constipation | | | |
| Depressed | | | |
| Dizzy Spells | | | |
| Erections Decreased | | | |
| Fatigue - Evening | | | |
| Fatigue - Mental | | | |
| Fatigue - Morning | | | |
| Flexibility Decreased | | | |
| Forgetfulness Increased | | | |
| Goiter | | | |
| Hair - Dry or Brittle | | | |
| Hair or Skin Oily | | | |
| Headaches | | | |
| Hearing Loss | | | |
| Heart Palpitations | | | |
| Hoarseness | | | |
| Hot Flashes | | | |
| Infertility | | | |
| Irritable | | | |
| Joint Pain Increased | | | |
| Libido Decreased | | | |
| Mental Sharpness Decreased | | | |
| Muscle Size Decreased | | | |
| Muscle Soreness | | | |
| Nails Breaking or Brittle | | | |
| Neck or Back Pain | | | |
| Nervous | | | |
| Night Sweats | | | |

| SYMPTOM CHECKLIST | MILD | MODERATE | SEVERE |
|------------------------------|------|----------|--------|
| Numbness - Feet or Hands | | | |
| Prostate Cancer | | | |
| Prostate Problems | | | |
| Pulse Rate Slow | | | |
| Rapid Aging | | | |
| Rapid Heartbeat | | | |
| Ringing In Ears | | | |
| Skin Thinning | | | |
| Sleeping Difficulty | | | |
| Stamina Decreased | | | |
| Stress | | | |
| Sugar Cravings | | | |
| Sweating Decreased | | | |
| Swelling or Puffy Eyes/Face | | | |
| Triglycerides Elevated | | | |
| Urinary Urge Increased | | | |
| Urine Flow Decreased | | | |
| Weight Gain - Breast or Hips | | | |
| Weight Gain - Waist | | | |

Lab Comments

PSA (Prostate Specific Antigen) is higher than the range of < 4 ng/ml and the optimal range of < 2 ng/ml (level retested and confirmed). A high PSA is usually caused by BPH (Benign Prostatic Hypertrophy), prostate cancer, prostate inflammation or infection, and prostate or perineal trauma. Ejaculation within 48-72 hr of blood collection may also cause a slight elevation in PSA. Prostate surgery can cause a significant rise in PSA outside the normal range and testing for PSA is not recommended for at least three weeks post surgery. Periodic repeat testing for PSA is recommended.