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Ordering Provider:
EquiLife, LLC

Samples Received
07/08/2021

Samples Collected
Saliva - 07/05/21 07:30

Report Date
07/16/2021



Patient Name:

Patient Phone Number:

Gender	Height	Waist
Male	5 ft 9 in	32 in
DOB	Weight	BMI
	183 lb	27.0

TEST NAME	RESULTS 07/05/21	RANGE
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Salivary Steroids

Testosterone		44-148 pg/mL (Age Dependent)
DHEAS		2-23 ng/mL (Age Dependent)

<dl = Less than the detectable limit of the lab. N/A = Not applicable; 1 or more values used in this calculation is less than the detectable limit. H = High. L = Low.

Therapies

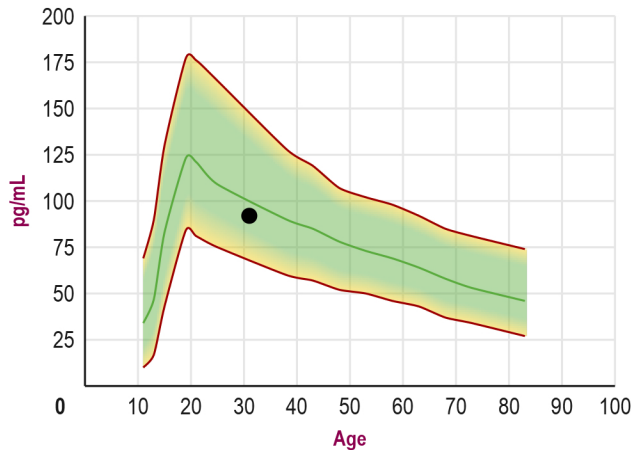
None Indicated

Graphs

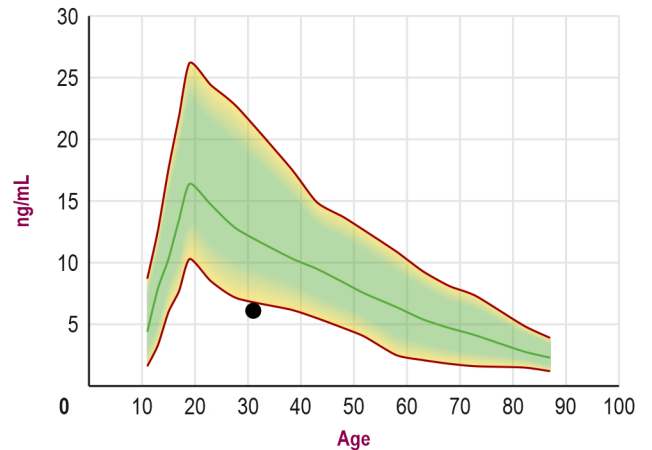
Disclaimer: Graphs below represent averages for healthy individuals not using hormones. Supplementation ranges may be higher. Please see supplementation ranges and lab comments if results are higher or lower than expected.

— Average ▼▲ Off Graph






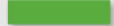


Saliva Testosterone



Saliva DHEAS



Disclaimer: Symptom Categories below show percent of symptoms self-reported by the patient compared to total available symptoms for each category.

SYMPTOM CATEGORIES	RESULTS 07/05/21
Estrogen / Progesterone Deficiency	5% 
Estrogen Dominance / Progesterone Deficiency	17% 
Low Androgens (DHEA/Testosterone)	17% 
High Androgens (DHEA/Testosterone)	4% 
Low Cortisol	20% 
High Cortisol	12% 
Hypometabolism	19% 
Metabolic Syndrome	6% 

SYMPTOM CHECKLIST	MILD	MODERATE	SEVERE
Acne	<input type="checkbox"/>		
ADD/ADHD	<input type="checkbox"/>		
Addictive Behaviors	<input type="checkbox"/>		
Aggressive Behavior	<input type="checkbox"/>		
Allergies	<input type="checkbox"/>		
Anxious	<input type="checkbox"/>		
Apathy	<input type="checkbox"/>	<input type="checkbox"/>	
Autism Spectrum Disorder	<input type="checkbox"/>		
Blood Pressure High	<input type="checkbox"/>		
Blood Pressure Low	<input type="checkbox"/>		
Blood Sugar Low	<input type="checkbox"/>	<input type="checkbox"/>	
Body Temperature Cold	<input type="checkbox"/>	<input type="checkbox"/>	
Bone Loss	<input type="checkbox"/>		
Burned Out Feeling	<input type="checkbox"/>	<input type="checkbox"/>	
Chemical Sensitivity	<input type="checkbox"/>		
Cholesterol High	<input type="checkbox"/>		
Constipation	<input type="checkbox"/>		
Depressed	<input type="checkbox"/>	<input type="checkbox"/>	
Developmental Delays	<input type="checkbox"/>		
Dizzy Spells	<input type="checkbox"/>		
Eating Disorders	<input type="checkbox"/>		
Erections Decreased	<input type="checkbox"/>		
Fatigue - Evening	<input type="checkbox"/>	<input type="checkbox"/>	
Fatigue - Mental	<input type="checkbox"/>	<input type="checkbox"/>	
Fatigue - Morning	<input type="checkbox"/>	<input type="checkbox"/>	
Flexibility Decreased	<input type="checkbox"/>		
Forgetfulness	<input type="checkbox"/>	<input type="checkbox"/>	
Goiter	<input type="checkbox"/>		
Hair - Dry or Brittle	<input type="checkbox"/>		
Hair or Skin Oily	<input type="checkbox"/>		
Headaches	<input type="checkbox"/>		
Hearing Loss	<input type="checkbox"/>		
Heart Palpitations	<input type="checkbox"/>	<input type="checkbox"/>	
Hoarseness	<input type="checkbox"/>		
Hot Flashes	<input type="checkbox"/>		
Infertility	<input type="checkbox"/>		
Irritable	<input type="checkbox"/>	<input type="checkbox"/>	
Joint Pain	<input type="checkbox"/>		
Libido Decreased	<input type="checkbox"/>	<input type="checkbox"/>	
Mania	<input type="checkbox"/>		

SYMPTOM CHECKLIST	MILD	MODERATE	SEVERE
Mental Sharpness Decreased	████████████████████		
Muscle Size Decreased	██		
Muscle Soreness	██		
Nails Breaking or Brittle	██		
Neck or Back Pain	██		
Nervous	████████████████████		
Night Sweats	██		
Numbness - Feet or Hands	████████████████████		
OCD	████████████████████		
Panic Attacks	██		
Prostate Cancer	██		
Prostate Problems	██		
Pulse Rate Slow	██		
Rapid Aging	██		
Rapid Heartbeat	████████████████████		
Ringing In Ears	██		
Skin Thinning	██		
Sleeping Difficulty	██		
Stamina Decreased	████████████████████		
Stress	████████████████████		
Sugar Cravings	██		
Sweating Decreased	██		
Swelling or Puffy Eyes/Face	██		
Triglycerides Elevated	██		
Urinary Urge Increased	████████████████████		
Urine Flow Decreased	██		
Weight Gain - Breast or Hips	██		
Weight Gain - Waist	██		

Lab Comments

Testosterone is within mid-normal range. In healthy males from youth to middle age testosterone levels usually range from about 80-120 pg/ml. Healthy testosterone levels drop to about 60-80 pg/ml in men > 60 years of age. Supplementation with physiological amounts of androgens usually raises testosterone to levels seen in young men. Testosterone ranges are age specific. Normal age-dependent testosterone levels are usually associated with few symptoms of androgen deficiency, however, in some individuals with other hormonal problems (e.g. low IGF1, low thyroid, low or high cortisol) symptoms can be similar to androgen deficiency.

DHEAS is within low-normal expected age range. Chronic low DHEAS may suggest HPA axis dysfunction, particularly if cortisol is also low and symptoms are indicative of low adrenal function. DHEAS is highest during the late teens to early twenties (10-20 ng/ml) and drops steadily with age to the lower end of range by age 70-80. Consider adrenal adaptogens or DHEA supplements if symptoms of androgen deficiency are problematic.