

TESTOSTERONE TEST

Measure Your Testosterone Levels

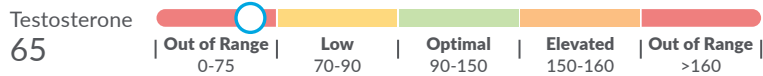


Getting
Better
Together™

Patient: John Doe
DOB: 03-29-1959
Height: 5' 10"
Weight: 183 lbs

Practitioner: Joey Labs
Lab #: 346790
Collection Date: 11-14-2022
Received: 11-16-2022

Testosterone Marker



Summary

The Men's Testosterone Test is a saliva-based test and is the optimal way to measure bioavailable testosterone in the body. Testosterone production declines with age and its production can be naturally supported without hormone replacement. The ranges below will not be comparable to bloodwork ranges and should be compared to saliva testing only.

Your testosterone is low and may coincide with poor recovery and poor tolerance to exercise, lower mood, lower energy, lower drive and possibly brain fog. Factors that can affect lower than optimal testosterone production include aging, chronic inflammation from diet, chronic health conditions, infections, and pain or stress. Poor sleep, lack of strength training, lack of specific nutrients and sun exposure can also contribute.

Next Steps & Recommendations

Daily Testosterone Support

- A gradual decline in testosterone levels can lead to decreases in libido, muscle mass, and sexual function. While most testosterone supplements supply a synthetic form of the hormone, Testosterone Support helps your body to ramp up production naturally and create more of its own supply for long term success. [View Product](#)

Pure DHEA

- Pure DHEA provides high-quality hormone support to maintain healthy aging, maintain stress levels, and assist in cognitive function. [View Product](#)

Vitamin D3: High-Potency Liquid

- Vitamin D3: High-Potency Liquid is a convenient, high-potency liquid formula to quickly and easily add the benefits of Vitamin D3 to your day. This easy to digest, fat-soluble formulation tastes good and has been proven to enhance absorption and utilization in the body. [View Product](#)

Daily Nutritional Support

- Daily Nutritional Support is a vegan, hypoallergenic protein powder, fortified with a wide range of activated vitamins, minerals, antioxidants, detox co-factors, and electrolytes, making it a one-stop-shop to fill the nutritional gaps in your diet. [View Product](#)

Daily Activated Multi-Vitamin

- EquiLife's Daily Activated Multi-Vitamin is a high quality source of key methylated vitamins and minerals for superior absorption to restore common deficiencies. It includes a key blend of antioxidants that protect from free radicals as well as providing essential nutrients that are necessary for supporting immune health and detoxification. [View Product](#)

Omega 3 Support (Softgels)

- Daily Omega-3 Support Softgels provide 2.5 g of sustainably sourced and superior triglyceride formulated fish oil for enhanced absorption. With Omega-3 Support, modulating inflammation, supporting a healthy heart and brain is not only good for you but also good for the planet [View Product](#)

Summary

A healthy level of testosterone in men can be easily supported and can provide the motivation, stamina and energy that one needs to feel their best.

When testosterone is in the lowest range, it is suggested to use Daily Testosterone Support (2 capsules in the morning and 2 capsules in the evening) along with Pure DHEA (1 capsule upon waking and 1 capsule before bedtime) for 12 weeks. Additionally, you may add Vitamin D at 4000IUs per day, Daily Nutritional Support powder or the Daily Activated Multivitamin as well as Daily Omega 3 Support at 1 capsule daily. These additional supplements help to support the body as it makes testosterone. Additionally, add strength training to your routine along with finding ways to decrease chronic stress. Recheck testosterone levels in 8-12 weeks as well as checking Omega 3 and Vitamin D levels to ensure optimal testosterone production.

If this lab is for a child under 18 years old, please see the Children's Dosing Guide here: <http://equi.life/children-dosing>

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.