



**AirCurve™ 10**  
ST-A

## Checking and replacing your parts regularly

It is important for your comfort and health that you check and replace your parts and supplies regularly. Replacing your parts and supplies on a regular basis helps ensure you are receiving optimal therapy and continued comfort.

Refer to your AirCurve 10 User Guide for detailed instructions on checking your device. Contact your care provider for information on your replacement schedule.

Replacement schedule guide:

Every Month	Every 3 Months	Every 6 Months
Mask cushion or pillow	Mask frame (excludes headgear)	Headgear
Air filters	Air tubing	Water tub

## Register today

myAir™ allows you to access your therapy data and provides personalized support.

Every journey starts with a first step. Register today at [ResMed.com/myAir](http://ResMed.com/myAir)

Serial number	Device number
Mask type and size	Date of setup
Notes	



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Quick start guide  
English

## Rx Only

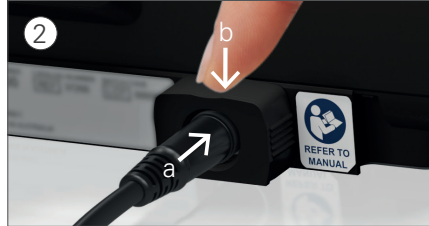
Read your entire AirCurve™ 10 User Guide before use.

### Setup



With the device on a stable level surface, grip the retention clip on the back of the device and pull up to open.

Note: The retention clip is shown in the open position.



(a) Plug the power connector into the device power inlet then (b) push down the retention clip to secure in place.

Connect one end of the power cord into the power supply unit and the other end into the power outlet.



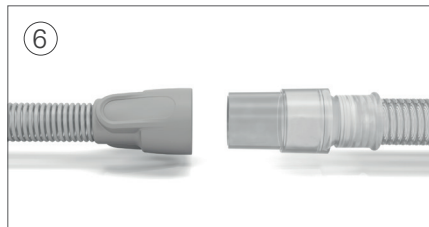
Connect the air tubing firmly to the air outlet located on the rear of the device.



Open the water tub and fill with water up to the maximum water level mark.



Close the water tub and insert it into the side of the device.



Connect the free end of the air tubing firmly onto the assembled mask. Press Start/Stop to begin therapy.

### Adjusting to therapy

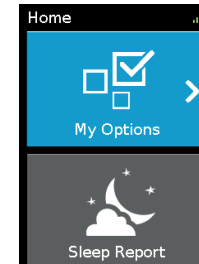
If you are a first time user, you might need some time to get used to therapy. This is not unusual as it takes most patients between one and two weeks to adjust to the air pressure.

#### Overcoming symptoms by changing comfort settings

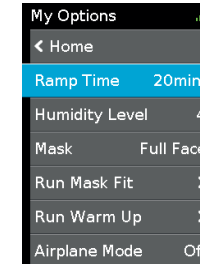
If you are having difficulties getting used to therapy, use the AirCurve 10 comfort features to help you on your journey to better sleep.

- **Dry or runny nose**—If you are getting a dry or runny nose, adjust the Humidity Level by turning it up.
- **Droplets of water (condensation)**—If you are getting droplets of water on your nose, mask or air tubing, adjust the Humidity Level by turning it down.

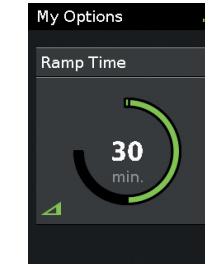
To change the Ramp Time:



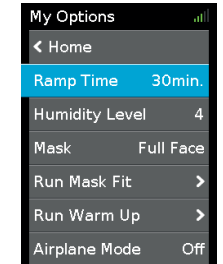
1. Press the dial to enter My Options.



2. Turn the dial to highlight Ramp Time and then press to select it.



3. Turn the dial to adjust to your preferred setting.



4. Press the dial to save the change.

### Cleaning

1. Wash the water tub and air tubing in warm water using mild detergent. Do not wash in a dishwasher or washing machine.
2. Rinse the water tub and air tubing thoroughly and allow to dry out of direct sunlight and/or heat.
3. Wipe the exterior of the device with a dry cloth.

Refer to your mask User Guide for detailed instructions on cleaning your mask.