

— Beauty —

PREPPING YOUR SKIN FOR TRAVEL

June 11, 2018 0 Comments

****Penelope and The Beauty Bar** provided the services talked about in this blog post for free. However, all opinions are my own and do not represent Penelope and The Beauty Bar. To learn more about my privacy policy [click here](#).

For the next month, I am going to be on 11 different flights! That sounds absolutely crazy to me, but it is going to be so much fun!



One of the biggest things I have noticed when I fly is that all of the moisture gets sucked out of my skin. We always want to look our best while on vacation, am I right ladies? I've found a great way to whip my skin and body into some serious shape before vaca. My secret is... (drumroll) I visit **Penelope and The Beauty Bar** before I leave, to whip my skin and body into some serious shape.

There is nothing wrong with starting your vacation a little early and relaxing. Okay, let me tell you! Upon arrival at **Penelope and the Beauty Bar**, you will immediately love your decision (just like I did). One glance at the lobby and you know you are in for some serious pampering. They do not skimp on anything! Located at the Fairmont Hotel in downtown Seattle the location is super central and easy to access from just about any part of town.

I chose to start prepping for my vacation with The Glow package. I specifically chose this package because of the French Contouring (sudatonic slimming) and the Detoxifying Wrap! I am all for the use of infrared to help reduce inflammation within the body and often notice that I become inflamed while traveling. I highly recommend this to anyone who travels. You will sweat out all of the toxins that you had accumulated and will leave your treatment glowing. I also had some pretty intense cramps walking into this appointment, so the infrared blanket seriously helped ya girl out. The estheticians there make sure you are comfortable and relaxed throughout the whole process! When walking out (even though I wanted to stay and try everything), I felt like a whole new person with perfectly glowing dewy skin.

Also, who doesn't love a good non-surgical facelift?! Usually, whenever I go on vacation I arrive with tired, dull skin. That isn't great for when I want to take cute pictures with friends and family on vacation. The non-surgical facelift allowed me to start my vacation seriously looking my best!

Because my skin dries out so badly, I also did a Coolift Cryo-Facial Treatment! My esthetician explained that using this treatment with a hyaluronic acid will help hydrate my skin in prep for my upcoming trips. She also made some great recommendations on what I should bring on my trip to keep my skin glowing and healthy.



Stepping out of **Penelope and The Beauty Bar** left my skin was seriously glowing, just like the name of the package I got! I feel like my skin has never looked better. After my appointment, I have received more compliments on my skin than ever before. These treatments are legit Not only do they make me feel great about my skin overall, but I continuously feel fresh and can travel without getting dry and flakey. I am in love with Penelope and The Beauty Bar, and could not give it a bigger thumbs up. Go try it for yourself and let me know what you think!

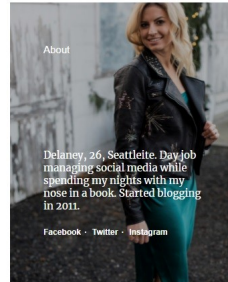
THE GLOW

Combine two of our most popular and results-driven treatments into one simultaneous 60-minute session. It's the perfect combination - The French Contouring + Detoxifying Wrap, and a non-surgical facelift. Our French, infrared body wrap will cocoon you in warmth while two different body balms work together to flush toxins, reduce mind, and body fatigue, increase blood circulation, and burn calories. There is a notable improvement in skin texture, reduction of cellulite and diminished stretch marks.

COOLIFT CRYO-FACIAL TREATMENT

Coolift is a revolutionary system that generates immediate results: lifting and smoothing the skin, eliminating superficial wrinkles, reducing deep wrinkles, leaving skin radiant and with lasting rejuvenating effect. Coolift cryo-facials can be done on all skin types and degrees of pigmentation, and can be used in conjunction with microneedling, chemical peels, and other procedures to reduce the redness and inflammation.

****Penelope and The Beauty Bar** provided the services talked about in this blog post for free. However, all opinions are my own and do not represent Penelope and The Beauty Bar. To learn more about my privacy policy [click here](#).



Search The Site _____