

# Veldur þitt lyf munnþurrki?



HAp+ viðheldur heilbrigði tanna með  
öflugu munnvatnsflæði

Munnþurrkur, sem aukaverkun af notkun lyfja, getur valdið munnhols- og tannsjúkdómum, svo sem tannskemmdum, tannholdsbólgu, gle-  
rungseyðingu, sveppasýkingum og sári í munnholi. Því er mikilvægt að gæta sérstaklega að góðu hreinlæti í munni og örva munnvatnsflæði yfir dag-  
inn, en munnvatnið er ónæmiskerfi munnholsins.

Í þessum lista eru lyf, sem geta valdið munnþurrki sem aukaverkun, dregin saman í flokka eftir tíðni aukaverkunar þar sem hvert lyfjaheiti kemur einu sinni fram óháð lyfjaformi, styrkleika eða framleiðanda.

HAp<sup>+</sup> er ferskur, sykurlaus og bragðgóður moli með kalki sem örvar óörvað munnvatn tuttugufalt og er þrisvar sinnum virkara en að tryggja tyggjó. Mælt er með að neyta mola eftir mat eða drykk, þegar fólk finnur fyrir munnþurrki eða óskar eftir ferskari andardrætti. HAp<sup>+</sup> er matvara og eru því engin takmörk á neyslu HAp<sup>+</sup> (sjá nánar: [www.happlus.com](http://www.happlus.com)).

Þessi listi er aðeins ætlaður til upplýsinga. Ávallt skal hafa samráð við lyfjafræðing eða lækni fyrir notkun lyfja. Upplýsingarnar sem fram koma í þessum lista eru teknar saman af IceMedico ehf úr upplýsingagrunni Lyfjastofnunar Íslands. Listinn er birtur með fyrirvara um villur.

## LYF

Alphagan

Alprazolam

Amitriptylin

Amitriptyline

Anafranil

Aritavi

Atomoxetine

Atropin

Aurorix

Brimonidín

Cipramil

Cisordinol

Citalopram

Corsodyl

Detrusitol Retard

Dropizol

Duloxetine

Edronax

Fluanxol

Fluanxol Depot

Ketogan

Klomipramin

Míron

## VIRKT EFNI

Brimonidine tartrate

Alprazolam

Amitriptyline

Amitriptyline

Clomipramine

Duloxetine

Atomoxetine

Atropine

Moclobemide

Brimonidine tartrate

Citalopram

Zuclopenthixol

Citalopram

Chlorhexidine gluconate

Tolterodine

Morphine

Duloxetine

Reboxetine

Flupentixol

Flupentixol

Ketobemidone

Clomipramine

Mirtazapine

<u>LYF</u>	<u>VIRKT EFNI</u>
Míron Smelt	Mirtazapine
Mirtazapin	Mirtazapine
Moclobemid	Moclobemide
Neotigason	Acitretin
Nocdurna	Desmopressin
Noritren	Nortriptyline
Nozinan	Levomepromazine
Oropram	Citalopram
Oxybutynin	Oxybutynin
Quetiapin	Quetiapine
Quetiapine	Quetiapine
Remeron Smelt	Mirtazapine
Ritalin	Methylphenidate
Ritalin Uno	Methylphenidate
Scopoderm	Scopolamine
Seroquel Prolong	Quetiapine
Sertral	Sertraline
Sertralin	Sertraline
Strattera	Atomoxetine
Tafil	Alprazolam
Tafil Retard	Alprazolam
Truxal	Chlorprothixene
Venlafaxin	Venlafaxine

Tíðni munnþurks - Mjög algeng

<u>LYF</u>	<u>VIRKT EFNI</u>
Venlafaxine	Venlafaxine
Vesicare	Solifenacin
Wellbutrin Retard	Bupropion
Zoloft	Sertraline
Abstral	Fentanyl
Aerius	Desloratadine
Alfuzosin hydrochlorid	Alfuzosin
Alimemazin Evolan	Alimemazine
Atarax	Hydroxyzine
Atrovent	Ipratropium
Attentin	Dexamfetamine
Baklofen	Baklofen
Benylan	Diphenhydramine
Bortezomib	Bortezomib
Botox	Botulinum toxin type A
Braltus	Tiotropium
Brieka	Pregabalin
Brinzolamide	Brinzolamide
Bupremyl	Buprenorphine
Buprenorphine	Buprenorphine
Buronil	Melperone

Tíðni munnþurks - Algeng

<u>LYF</u>	<u>VIRKT EFNI</u>
Buscopan	Hyoscine
Buspiron	Buspirone
Captopril	Captopril
Cardosin Retard	Doxazosin
Carduran Retard	Doxazosin
Cetirizin	Cetirizine
Cipralex	Escitalopram
CitraFleet	Sodium, Magnesium, Citric acid
Clozapin	Clozapine
Clozapine	Clozapine
Concerta	Methylphenidate
Contalgin	Morphine
Cortiment	Budesonide
Duodopa	Levodopa, Carbidopa
Durbis Retard	Disopyramide
Durogesic	Fentanyl
Efexor Depot	Venlafaxine
Elvanse Adult	Lisdexamfetamine
Escitalopram	Escitalopram
Esopram	Escitalopram
Etalpha	Alfacalcidol
Fentanyl	Fentanyl
Fluoxetin	Fluoxetine

Tíðni munnþurrks - Algeng

<u>LYF</u>	<u>VIRKT EFNI</u>
Flynise	Desloratadine
Fontex	Fluoxetine
Gabapenstad	Gabapentin
Gabapentin	Gabapentin
Haldol	Haloperidol
Haldol Depot	Haloperidol
Histasín	Cetirizine
Hydromorphone	Hydromorphone
Imatinib	Imatinib
Immex	Loperamide
Imodium	Loperamide
Imovane	Zopiclone
Inegy	Ezetimib, Simvastatin
Kestine	Ebastine
Lamictal	Lamotrigine
Lamotrigin	Lamotrigine
Lamotrin	Lamotrigine
Latanoprost/Timolol	Latanoprost, Timolol
Lemilvo	Aripiprazole
Leponex	Clozapine
Levodopa+Carbidopa +Entacapone	Levodopa, Carbidopa, Entacapone
Lioresal	Baclofen

Tíðni munnþurrks - Algeng

<u>LYF</u>	<u>VIRKT EFNI</u>
Madopar	Levodopa, Benserazide
Maxalt Smelt	Rizatriptan
Medikinet	Methylphenidate
Methylphenidate	Methylphenidate
Metylfenidat	Methylphenidate
Modafinil	Modafinil
Modiodal	Modafinil
Mydriacyl	Tropicamide
Mylaukim	Imatinib
Nicorette	Nicotine
Nicotinell	Nicotine
Norspan	Buprenorphine
Olanzapin	Olanzapine
Oracea	Doxycycline
Otrivin Comp	Ipratropium, Xylometazoline
Oxikodon	Oxycodone
Oxycodone	Oxycodone
OxyContin	Oxycodone
OxyNorm	Oxycodone
Paliperidon	Paliperidone
Paxetin	Paroxetine
Pektólín	Diphenhydramine
Phenergan	Promethazine

Tíðni munnþurrks - Algeng

<u>LYF</u>	<u>VIRKT EFNI</u>
Pinex Comp Forte	Codeine, Paracetamol
Postafen	Meclozine
Pregabalin	Pregabalin
Pregabalina	Pregabalin
Prometazin	Promethazine
Rasagilin	Rasagiline
Relpax	Eletriptan
Revastad	Sildenafil
Rinexin	Phenylpropanolamine
Ríson	Risperidon
Risperdal	Risperidon
Risperidón	Risperidon
Risperidon	Risperidon
Rizatriptan	Rizatriptan
Sandomigrin	Pizotifen
Sativex	Delta-9-tetrahydrocannabinol, cannabidiol
Serdolect	Sertindole
Seromex	Fluoxetine
Seroxat	Paroxetine
Sinemet Depot	Carbidopa, Levodopa
Solian	Amisulpride
Spiolto Respimat	Tiotropium, Olodaterol

Tíðni munnþurrks - Algeng

<u>LYF</u>	<u>VIRKT EFNI</u>
Spiriva	Tiotropium
Spiriva Respimat	Tiotropium
Targin	Oxycodone, Naloxone
Tegretol	Carbamazepine
Tegretol Retard	Carbamazepine
Toctino	Alitretinoín
Topiramát	Topiramate
Topiramate	Topiramate
Tradolan	Tramadol
Tramol-L	Tramadol
Travoprost	Travoprost
Trilafon Dekanoat	Perphenazine
Uromitexan	Mesna
Vallergan	Alimemazine
Vortemyl	Bortezomib
Xeomin	Botulinum toxin type A
Zeldox	Ziprasidone
Zensitin	Cetirizine
Ziprasidon	Ziprasidone
Zonnic	Nicotine
Zopiclone	Zopiclone
Zopiklon	Zopiclone
Zyban	Bupropion

Tíðni munnþurrks - Algeng

<u>LYF</u>	<u>VIRKT EFNI</u>
Zypadhera	Olanzapine pamoate
Adalat Oros	Nifedipine
Almogran	Almotriptan
Amló	Amlodipine
Amlodipin	Amlodipine
Angemin	Estradiol drospirenone
Antepsin	Sucralfate
Arcoxia	Etoricoxib
Arthrotec	Diclofenac potassium, Misoprostol
Arthrotec Forte	Diclofenac potassium, Misoprostol
Atozet	Ezetimib, Atorvastatin
Azithromycin	Azithromycin
Candizol	Fluconazole
Caverject Dual	Alprostadil
Clarithromycin	Clarithromycin
Cordarone	Amiodarone
Coversyl Novum	Perindopril arginine
Coxerit	Etoricoxib
Coxient	Etoricoxib
Cozaar Comp	Losartan, Hydrochlorothiazide
Cyclogyl	Cyclopentolate

Tíðni munnþurrks - Sjaldgjæf

<u>LYF</u>	<u>VIRKT EFNI</u>
Daren	Enalapril maleate
Darunavir	Darunavir
Decapeptyl Depot	Triptorelin
Diflucan	Fluconazole
Dorzolamide	Dorzolamide
Eligard	Leuprorelin acetate
Enalapril	Enalapril maleate
Enalapril comp	Enalapril maleate, Hydrochlorothiazide
Eradizol	Esomeprazol
Esomeprazol	Esomeprazol
Etoricoxib	Etoricoxib
Ezetimib	Ezetimib
Ezetrol	Ezetimib
Femar	Letrozole
Fenemal	Phenobarbital
Fluconazol	Fluconazole
Fluconazole	Fluconazole
Flutiform	Fluticasone propionate, Formoterol fumarate
Fosrenol	Lanthanum
Fungyn	Fluconazole
Furadantin	Nitrofurantoin

Tíðni munnþurrks - Sjaldgjæf

<u>LYF</u>	<u>VIRKT EFNI</u>
Grazax	Allergen extract of grass pollen
Ibandronic acid	Ibandronic acid
Isoptin Retard	Verapamil
Klacid	Claritromycin
Letromal	Letrozole
Letrozol	Letrozole
Letrozole	Letrozole
Librax	Chlordiazepoxide, Clidinium
Losartan /Hydrochlorothiazide	Losartan, Hydrochlorothiazide
Metadon	Methadone
Montelukast	Montelukast
Myfortic	Mycophenolic acid
Naloxon	Naloxone
Nexium	Esomeprazole
Norvasc	Amlodipine
Padviram	Emtricitabine, Efavirenz, Tenofovir disoproxil
Pariet	Rabeprazole
Parkódín	Codeine, Paracetamol
Parkódín forte	Codeine, Paracetamol
Peratsin	Perphenazine
Presmin Combo	Losartan, Hydrochlorothiazide

Tíðni munnþurrks - Sjaldgjæf

<u>LYF</u>	<u>VIRKT EFNI</u>
Ramíl	Ramipril
Ramipril	Ramipril
Relifex	Nabumetone
Sildenafil	Sildenafil
Singulair	Montelukast
Strefen	Flurbiprofen
Toradol	Ketorolac
Veraloc Retard	Verapamil
Vistabel	Botulinum toxin type A
Zaditen	Ketotifen
Zithromax	Azithromycin
Zitromax	Azithromycin
Zytram	Tramadol
Zyvoxid	Linezolid
Akineton	Biperiden
Arzotilol	Dorzolamide, Timolol
Atenolol	Atenolol
Cardil	Diltiazem
Carveratio	Carvedilol
Clarityn	Loratadine
Cosopt	Dorzolamide, Timolol

### Tíðni munnpurrks - Mjög sjaldgjæf

<u>LYF</u>	<u>VIRKT EFNI</u>
Dilmin	Diltiazem
Dorzolamide/Timolol	Dorzolamide, Timolol
Duokopt	Dorzolamide, Timolol
Folic Acid	Folic Acid
Gadovist	Gadobutrol
Logimax	Felodipine, Metoprolol
Losec	Omeprazol
Metoprolin	Metoprolol
Metoprolol	Metoprolol
Metoprololsuccinat	Metoprolol succinate
Myleran	Busulfan
Natrilix	Indapamide
Omeprazol	Omeprazole
Optimol	Timolol
Qlaira	Estradiol valerate, Dienogest
Seloken	Metoprolol tartrate
Seloken ZOC	Metoprolol succinate
Stesolid Novum	Diazepam
Striverdi Respimat	Olodaterol
Tavegyl	Clemastine



<u>LYF</u>	<u>VIRKT EFNI</u>
Amiloride	Amiloride
Bloxazoc	Metoprolol
Centyl	Bendroflumethiazide, Potassium chloride
Clariscan	Gadoteric acid
Dormicum	Midazolam
Duodart	Dutasteride, Tamsulosin
Fotil forte	Timolol, Pilocarpine
Litarex	Lithium
Loratadin	Loratadine
Lóritín	Loratadine
Mannitol	Mannitol
Morphine sulfate	Morphine
Nefoxef	Fexofenadine
Omnic	Tamsulosin
Pethidine	Pethidine
Pro-Epanutin	Fosphenytoin
Sinemet	Carbidopa, Levodopa
Stemetil	Prochlorperazine
Surmontil	Trimipramine
Tamsulosin	Tamsulosin
Taptiqom	Tafluprost, Timolol
Tibinide	Isoniazid

Tíðni munnburðs - Ekki þekkt

<u>LYF</u>	<u>VIRKT EFNI</u>
Timosan Depot	Timolol
Xalcom	Latanoprost, Timolol





HAP+  
MINT

HAP+  
STRAWBERRY

HAP+  
BLUEBERRY

HAP+  
LIME

HAP+  
ORANGE

HAP+  
LEMON

SMART CANDY WITH CALCIUM  
HELPS YOUR TEETH STAY HEALTHY

# Tannlæknafélag Íslands mælir með HAp<sup>+</sup>

**HAp<sup>+</sup>**

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