



EVERY GRAHAM

..... NOBLE SKIN CARE .....

## Dermaplaning

Dermaplaning is a manual exfoliation treatment that utilizes a surgical scalpel to “shave” layers of the skin’s surface, stimulating the epidermal skin and collagen while removing top layers of dead skin and vellus hair (peach-fuzz) to exfoliate, trigger cellular turnover, and improve the efficacy of clinical skincare treatments and products that follow afterwards. This is a particularly beneficial treatment for those with dry or rough texture, mature skin that is prone to excessive build-up of dead skin and slower cellular turnover.

### **What Can I Expect During My Treatment?**

Dermaplaning can be done alone or in conjunction with other treatments such as microdermabrasion and chemical peels. Many patients enjoy this procedure every 3-4 weeks to maintain the results of an exfoliated, hair-free face. During your treatment, your aesthetician will carefully and methodically run the scalpel along your skin in short strokes in different angles depending on the facial region.

### **What Can I Expect After My Treatment?**

The benefits of dermaplaning are immediate. Your skin instantly feels resurfaced, smooth, and exfoliated. Light reflects differently without hair and make-up glides on with a more professionally finished appearance. Consistent dermaplaning can also help with the reduction of wrinkles, dark spots and to improve the texture due to its continued stimulation of the epidermis and collagen production.