



**AVERY GRAHAM**

..... NOBLE SKIN CARE .....

## **Intense Pulsed Light (IPL) Photo Facial**

IPL targets “browns and reds.” It improves the appearance of photo-aged skin, removes age spots (sun-induced freckles), and redness caused by broken capillaries. Additionally, IPL is a very effective treatment for rosacea. IPL is used to treat the face, chest, neck, and hands – anywhere that sun damage shows.

### **How Does IPL Work?**

IPL delivers a broad spectrum of light energy beneath the epidermis which targets and destroys unwanted melanin and broken blood vessels for an even skin tone.

### **What Can I Expect During My Treatment?**

Patients experience zero to mild discomfort during treatment.

### **What Can I Expect Post-Treatment?**

Immediately following an IPL treatment, you may look slightly pink or notice that hyperpigmentation (spots) are starting to appear. It is also common to have a “chocolate-chip or coffee grind” effect due to targeting the damage from hyperpigmentation and sun damage. Commonly patients feel comfortable, but a temporary swelling may occur. It is important to stay out of the sun for 2 weeks following any IPL treatment and imperative to use our Noble Shield SPF 58 to protect the skin.

### **Before Your Treatment:**

- No sun exposure 2 weeks prior to treatment and 2 weeks after treatment. No spray tan, either!
- It is important before any laser treatment, especially IPL, to visit your dermatologist if there are concerns about any spots or with your skin for an evaluation and to receive an “OK” to proceed with an IPL treatment.