

Product Specifications

Product Name: IRONMAN BioChair and/or BioChair
Rated Voltage: 110V/60Hz
Rated Power: 120W
Security Level: Class I

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IRONMAN BioChair & BioChair Operation Manual



The
IRONMAN
BioChair

THE ULTIMATE RECOVERY TOOL

The Company reserves the right to make improvements to the products and to explain improvements. The product is subject to change without prior notice. The appearance of the product is based on the physical object.

Warranty

Warranty

1. The free warranty period for this machine is 2 years (i.e. 24 months).
2. The free warranty period is subject to the valid receipt by the seller.
3. During the free warranty period, the user must show the free warranty certificate, when the product is repaired (the warranty card, product serial number, receipt etc.)
4. From the date of purchase, within 2 years, if the product has a non-human-made hardware failure, the company will provide hardware replacement service.
5. In the free warranty period, product repair time should be based on actual conditions.
6. The warranty clause is limited to the original purchaser of the appliance, and is not randomly transferred with the resale or loan of the product.
7. After the product is repaired, the warranty period will still be calculated based on purchase date or 100 days, which ever is the longer of the two.
8. During the non-warranty period, when the user performs product maintenance, a fee will be charged.

Troubleshooting

Fault Phenomenon	Fault Cause	Troubleshooting
Clattering sound when the machine was turned on and while operating	Normal motor sound	No need for any troubleshooting
The message sound is loud	A long period of continuous usage, usage of more than 4 hours continuously	let product rest for more than 1 hour by cutting off electric power
The product's surface is hot	Continuous usage for a period of time longer than 4 hours	Shut down for half an hour to an hour before using again
Massage chair pause or stop sometimes	Excessive force is placed on the product or the power cord is loosened	After removing the load, try again or check the power cord
The massage heads stop on the shoulder position when initially turning power on	Turned on the power but did not press the power button	Press "on/off" button once then select a function
	The timer cuts off the massage function	Press "on/off" button once then select a function
	The massage heads did not rise to the topmost position when initially	Select a Pre-Programed Automatic Massage Mode, the massage heads will automatically rise to the shoulder position
	The power supply is not connected	Plug in the electric plug and turn on the power button
When the backrest rises to the top position, there is frequent vibration	The product is under too much pressure	Reduce the intensity (non-machine failure)
Controller doesn't work properly	Check if the electric switch is turned on	Check the connection between the electric plug and the socket
The appliance operation is stopped	Timer has timed out	Allow the product to rest for half an hour before using it again
	The product has been working continuously for too long	
	Temperature control protection switch automatically stops	

*Note: If there is still an abnormality in the above processing, please contact your local distributor and service department.

CONTENTS

Thank you for purchasing this product, please read this manual in detail before you use it to learn the

correct use of this product. Please pay special attention to important safety warnings and keep the operation manual in good condition for reference.

Note: The Company reserves the right to change and explain the design of the product. The product is subject to change without prior notice, please refer to the color of real product as standard.

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Safety and Maintenance

Important Safety Warning

- Do not allow children to approach to the scope of this appliance.
- Use a good grounded power source that matches this appliance to prevent the risk of electric shock.
- Pull out the power plug after use or before cleaning to avoid equipment damage or personal injury.
- Follow the instructions in this manual to use this product.
- Do not use unrecommended accessories and parts.
- Do not use this appliance outdoors.
- Refer to this operating manual carefully before starting to use product.
- It is forbidden to use this appliance for other purposes not listed in the manual.
- Recommended time of use is 25 minutes.
- Do not use this appliance if the case or cover are damaged.
- Do not use any item to cover the vent of this product.
- Do not drop anything into this product.
- Do not use this product when you are drunk or feel unwell.
- Do not use this appliance within one hour after eating.
- To avoid injury, do not use excessive force when using this appliance.

Cleaning the plastic parts

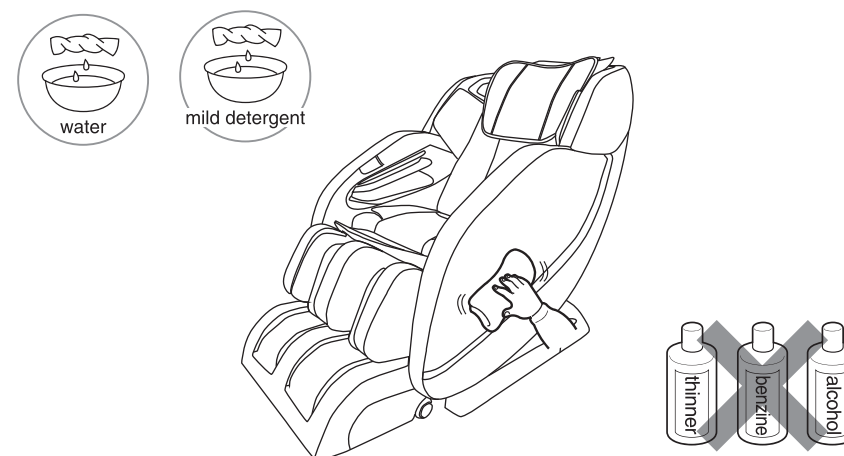
1. Soak a piece of soft cloth in hot water or neutral detergent mixed with hot water, wring it out and wipe the plastic parts.

- Do not clean the product with chemicals such as thinners, gasoline and alcohol.

2. Wipe residue away with a clean soft cloth that has been soaked in clean water and wrung out.

- Wring the cloth out thoroughly before using it to wipe the remote controller.

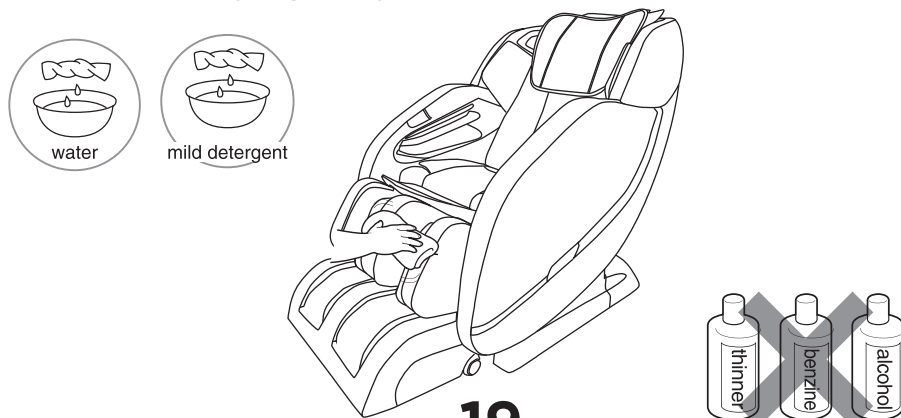
3. Let the plastic parts air dry.



Cleaning Instructions

Cleaning the BioChair Synthetic Leather Wipe off the synthetic leather with a soft dry cloth.

- Do not clean the product with chemicals such as thinners, gasoline and alcohol.
- When using a leather maintenance product (i.e. cleaning cloths) sold on the market, follow its directions for use.
- If the synthetic leather is very dirty, try the method below.
 1. Soak a soft cloth into a solution of 3% to 5% neutral detergent and hot water. Wring it out.
 2. Wipe the surface of the synthetic leather with the moist soft cloth.
 3. Wipe the detergent residue off of the chair with a soft cloth that has been soaked in clean water and wrung out.
 4. Allow the synthetic leather to air dry on its own.
- If the stains are difficult to remove with the method above, soak a piece of melamine foam into a neutral detergent and use it wipe the product.
- Do not dry the surface using a hairdryer.
- Fabric colors may dye the surface of the synthetic leather, be careful when wiping the product with denim or colored cloth.



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Environment When Using Product

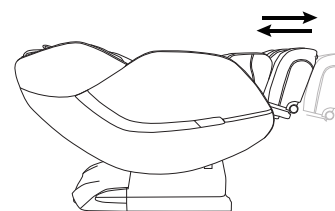
- Do not use this appliance in a hot and humid environment, such as a bathroom.
- Place and use the unit on a flat surface. Failure to do so may result in an accidental dumping.
- Do not use this appliance in dusty or corrosive atmospheres.
- Do not smoke on this appliance to avoid scalding the leather cover.

You Should Not Use This Device If

- If you suffer from severe osteoporosis
- If you wear an electronic medical device such as a pacemaker
- If you have a high fever or feel unwell
- If you are pregnant or menstruating
- If you suffer from a physical condition
- If you have been ordered to recuperate by a doctor
- If your body is wet
- This product is forbidden for children under the age of 14 without supervision

Safety

- Check that the voltage meets the specifications of this appliance.
- Do not use wet hands to plug in the power plug.
- Do not allow water to enter the appliance, to avoid electric shock or product damage.
- Do not pull the power cord when plugging in or unplugging the power cord. Do not over-rude. Do not damage the cord or tamper with the appliance circuit.
- Do not use a damp cloth to clean the appliance's power switch, plug, or parts with electricity etc.
- If there is a power outage, you should leave the appliance to avoid injury when the power suddenly returns.
- If you feel this appliance is abnormal during use, stop using it immediately and consult your local service provider.
- If you feel abnormal during use of this device, stop using it immediately and consult your health care practitioner.
- This appliance should not be used by persons (including children) who have physical disabilities, sensory or neurological deficits or a lack of experience and common sense, unless they are supervised and guided by those who are responsible for their safety. Children must be supervised to ensure they don't play with the appliance.
- If the power cord is damaged, it must be replaced by a professional from the manufacturer, professional service department or similar department in order to avoid danger.

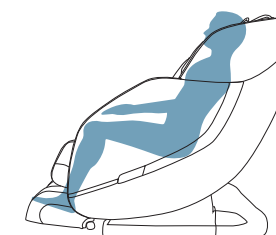


(figure 1)

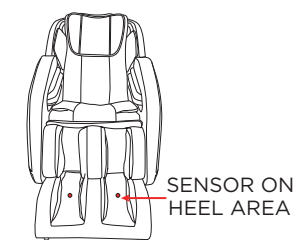
BioScan:

The Built-in sensor automatically detects your leg length for a more effective massage. The calf and foot massager is capable of making adjustments according to each individual's leg length, ensuring that the massage airbags are concentrating on the correct areas. At the start of the massage, the chair will fully extend out and then retract. (figure 1) Once the foot massager has reached the desired length, firmly press your soles down to indicate to the chair to stop.

Sit in the chair in a normal position, put your feet on the foot plate. (figure 2) During the BioScan, the leg rest can automatically extend and retract within 8.5 inches, detection will be stopped when the heels touch the sensors (figure 3). The leg scan results will vary due to sitting positions and body orientation. Note that when scanning the legs, there will be a force that push your soles. Please remain in a comfortable posture and press into the sensors to confirm length, do not follow the upward retraction force, this will lead to inaccurate leg detection.



(figure 2)



(figure 3)


SENSOR ON
HEEL AREA


Selecting an Air Bag Massage Manually:

Touch  , to only select calf+foot airbag massage.

Touch  once more, to only select arm airbag massage.

Touch  once more, to only select hip airbag massage.

Touch  again, to only select shoulder airbag massage (In the case of only- manual airbag massage, the position of the massage heads will stay at the top by default, and the shoulder airbag will not be inflated.)

Touch  one last time to turn off the airbag massage.

Please Note: (heating, chair angle, time, intensity and strength can be adjusted freely)

Leg and Foot Rest Angle Adjustment: In massage modes, press



to adjust the position of the leg and foot rest.

Switching from Manual Massage Modes to Automatic Massage

Modes: Simply press the program you desire. The massage mode will automatically begin.

Calf Massage: In each mode, the third segment of the calf is inflated from bottom to top. This feature mimics the push of a hand and allows blood to flow back to the heart.

Product Maintenance

- (Do not use thinner, benzene or alcohol to clean the device. Detergent will cause damage to the leather cover) Use a dry cloth or professional leather cleaner to clean the device.
- This appliance may only be serviced by a service center designated by the manufacturer. Users are not allowed to disassemble or repair the device by themselves.
- Remember to turn off the main power switch after use.
- Do not use this appliance when the power cord is loose.
- If this appliance is not used for an extended period of time, you should roll up the power cord and store the appliance in a dry and dust-free environment.
- Do not store this appliance near high temperatures or open fire. Do not expose the appliance in the sunshine for extended periods of time.
- The device is specially designed and manufactured, special maintenance is not necessary.
- Do not use sharp objects to puncture the appliance.
- If needed life and move the appliance, do not roll or drag on uneven ground.
- Please use the appliance intermittently, you should not operate it continuously for extended periods of time.

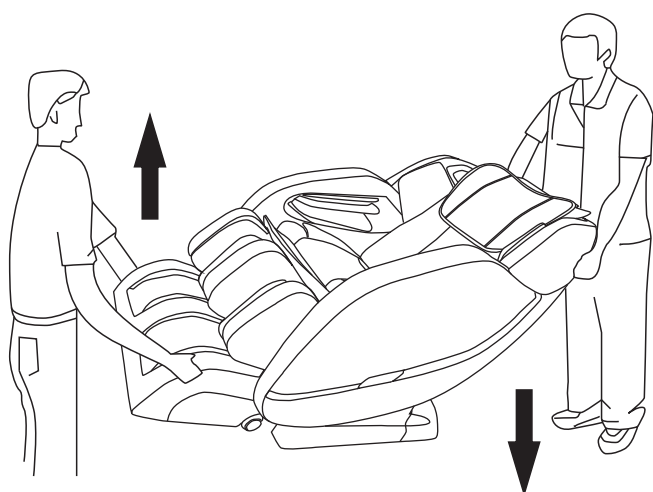
BioChair Installation

Moving the BioChair


As shown on the picture below, tilt the chair back about 45° and use the casters to push forward or backward carefully to the appropriate position.

Please Note!





- Do not move the massage chair while someone is lying on the massage chair.
- When moving the massage chair, the floor may be damaged. It is recommended to place a cushion under the product.
- In order to avoid dropping, please hold on to the massage chair firmly when moving it.





Manual Program Instructions

In the manual massage program screen , the user can choose to manually select: **Dynamic massage; Static Airbag Massage; Neck, Back and Waist Movement Massage; Calf, Arms, Hips or Shoulders Airbag Massage; and Fixed Movement Massage on the Soles of the Feet.**


Fixed-Point Dynamic Massage on the Neck, Back and Waist:




Touch  to turn on manual mode, then choose the massage method you prefer. The massage heads will slide up and down. When this happens press **Interval** or touch . The  icon will begin to flash. When the massage heads begin to move to the neck/back/waist position, touch  to fix and position the massage heads for a fixed point massage. (heating, chair angle, time, intensity and strength can be adjusted freely)


Interval Dynamic Massage on the Neck, Back and Waist:

Choose the massage method you prefer , then press **Interval**. The massage heads will automatically begin massaging the entire spine, moving up and down by default. If you wish to limit the massage to a specific section of the spine, follow the instructions above and then touch  to fix the position of the massage.


Please Note: All adjustments take time to initiate. Allow for the chair to respond before adjusting again.

Pause/Start: Press  to pause the massage treatment, press again to restart the massage treatment.

Heating Function Powering On/Off: The heat option is not turned on by default. Touch  or press and hold **Timer&Heating** to turn on the heating function. The  icon will flash when the heat function is on, either touch  again or hold down **Timer&Heating** to turn off heat.

Please Note: Pressing down **Timer&Heating** will turn on the heating function and turn off the LOGO light on the side plate. If you touch  , this will only turn off heat, but will not turn the side plate LOGO back on. If you hold down the **Timer&Heating** button, this will turn off the heating function and turn the LOGO light on the side plate on again.

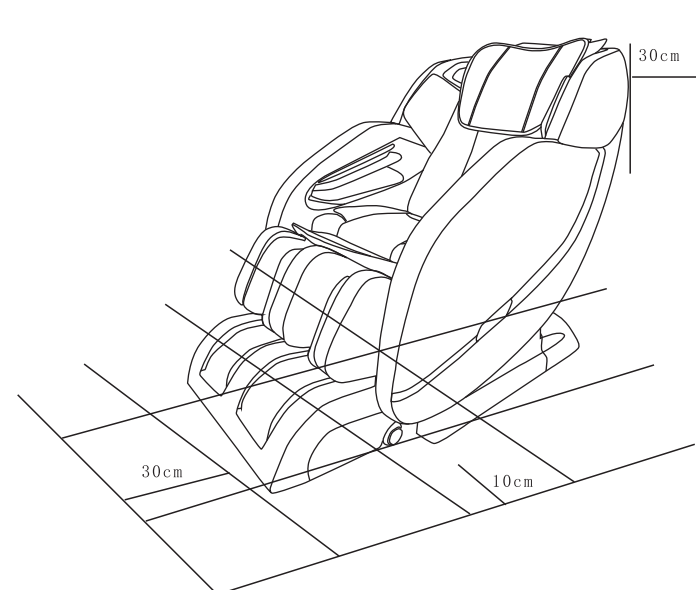
Sitting/Zero Gravity Inversion/Recline Angle Adjustment: press  to adjust the Sitting /Zero Gravity Inversion / Recline Angle.

Pre-programed and Manual Massage Mode switch: When in a pre-programed massage mode  ,choose the manual massage method you want. It will switch to manual mode. The pre-programed mode you had previously selected will stop.

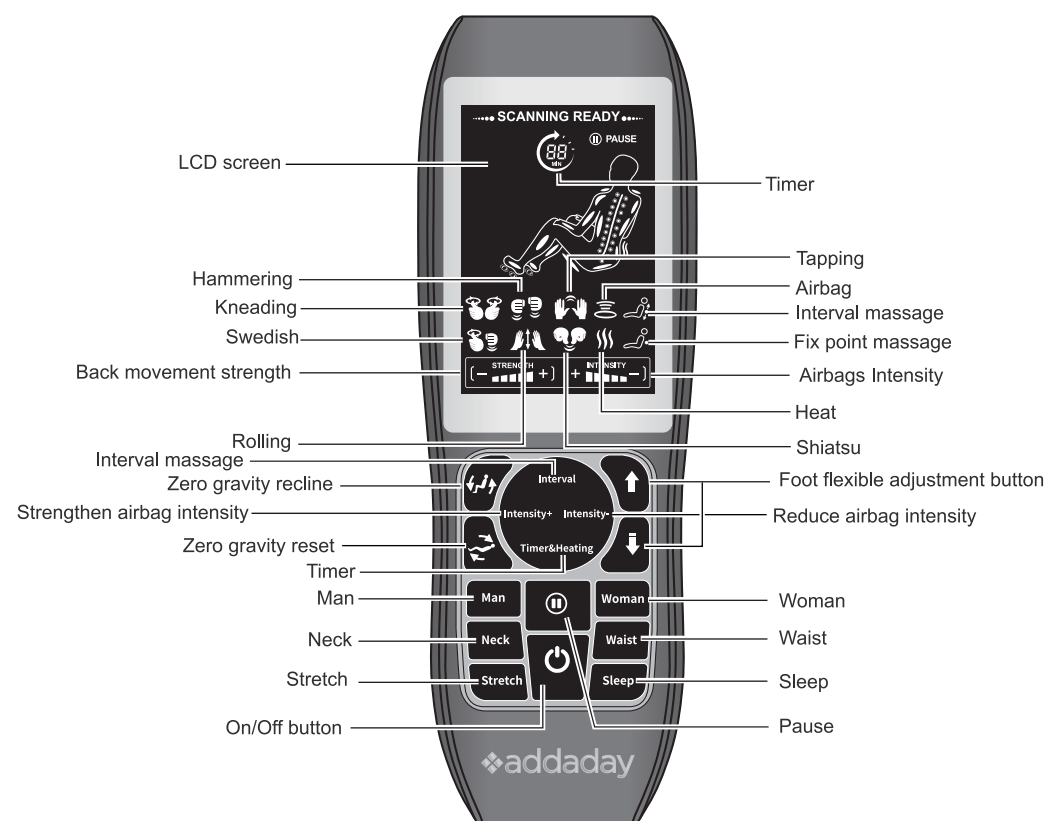
Stretch Mode: The “Stretch” mode is a program that stretches the legs 3-5 times for 10 seconds within 15 minutes. The time can be manually adjusted to 5, 10, 15, 20, 25 and 30 minutes.

Placing the Massage Chair

When placing the massage chair, be sure to leave enough space around the chair so that the legs and backrest of the chair can rise and fall freely. Place space as suggested on the picture to the right.



Hand Controller Key Functions



Operations that can be carried out while keeping automatic pre-programmed mode unchanged.

Switching between automatic programs: If you select a massage mode and wish to switch programs, simply select the massage mode you would like to switch to. Before the new massage mode begins, the original massage mode will stop and before beginning the new program selected the BioChair will scan your entire body.

Leg and Foot Rest Stretch Adjustment: when the automatic program is massaging, press to adjust the leg stretching position. Please Note: When "Stretch" Mode is selected, the chair will only allow the user to adjust leg stretching position when in a seated position during initial BioScan.


Massage Strength Adjustment: Touch on the touch screen remote to adjust the amount of pressure placed by the massage heads.


AirBag Massage Intensity Adjustment: Touch or hold down to adjust the airbag intensity and overall massage strength at the same time.

Massage Time Adjustment: The default massage time is 15 minutes, touch or press to adjust the time. Time options will cycle through beginning with 5 minutes up to 30 minutes and then reset to 5 minutes and cycle through again.

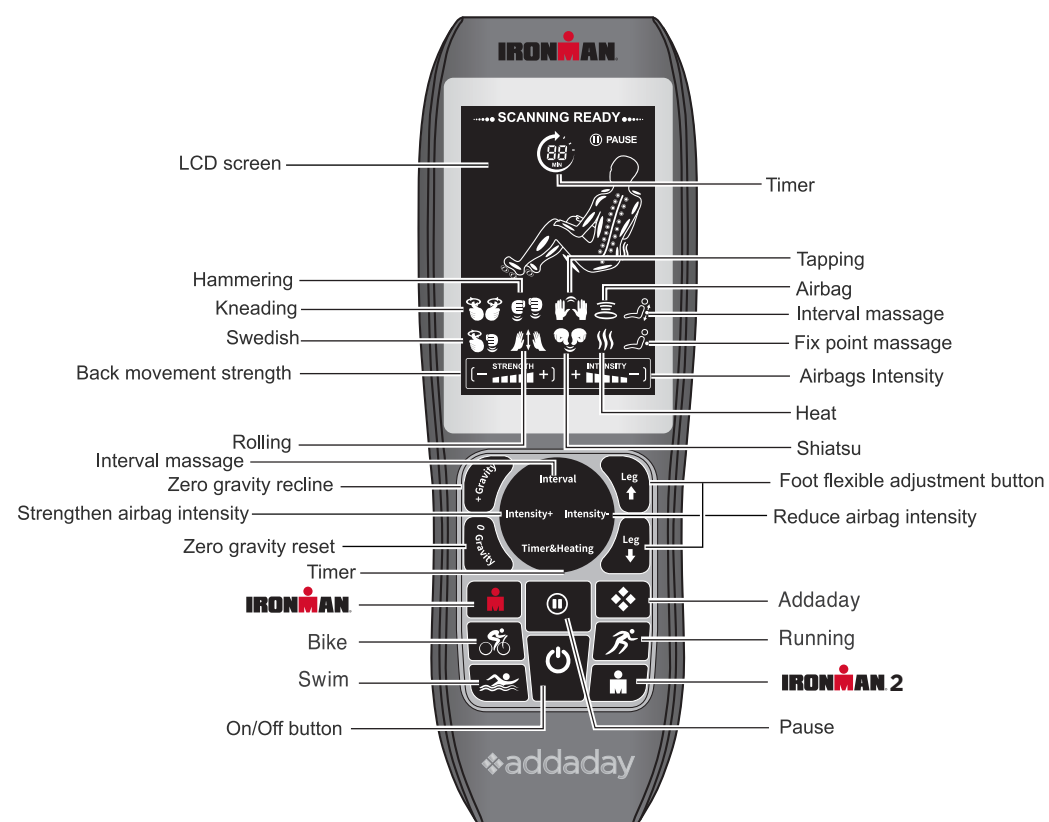
Hand Controller Instructions

Quick Start

- Plug in the IRONMAN BioChair
- Turn on the toggle switch located on the back of the chair next to the electrical plug.
- The chair will alert you it is on and it will light up.
- Before beginning ensure that chair has ample space both in front and behind it .
- Remove shoes and sit in the chair. Press the  button.
- The chair will recline back into Zero Gravity. Now you can select 1 of the 6 pre-programed massage modes.
- The chair will being the BioScan to determine spinal curvature and height of the user. During BioScan, ensure that your head is against the headrest and your heels touch the back of the Foot Plate.
- Relax and Enjoy your massage.











Power on/Power off: Press the power button  to power on/ power off. When the chair is turned on, the massage heads and leg rest will detect the user's height. During the BioScan, feet must remain inside the leg and foot rest with the users heels touching the back of the foot rest. The user's head should remain in the head rest during the BioScan. After the scan is - complete, select either a 1 of 6 pre-programed massage mode or select a manual massage mode. The BioScan will initiate every time a program is selected. Press the power button if you wish to stop the massage before the full cycle of the program is complete. The BioScan will initiate every time a program is selected. The side plate LOGO will light up when the BioChair is on, the logo will turn off once the unit is powered down.







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Hand Controller Key Functions

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Button	Function	Button	Function
	Press this button to turn the massage chair on and off		Pause key press this button to stop the whole chair function press again chair function recover
	Press this button to adjust the product upward		Strengthen airbag intensity and massage speed of mechanical hands
	Press this button to adjust the product downward		Reduce airbag intensity and mechanical hands massage strength
	Leg extension key press this button to adjust the leg length		Adjusting the mechanical hands range and fixed point massage
	Leg return key press this button to adjust the leg length		Short press to adjust the time mode of five speed rate, long press to open the waist heating mode

Auto Mode:			
Button	Function	Button	Function
	Turns on men's massage mode. This massage mode features a full-body massage with four levels of intensity and a homogeneous massage rhythm.		Turns on women's massage mode. This massage mode features a full-body massage with two levels of intensity with a homogeneous massage rhythm.
	Turns on neck and shoulder massage mode. This massage mode features a full-body massage that focuses on the neck. There are three levels of intensity with homogeneous massage rhythm.		Turns on waist care massage mode. The massage mode features a full-body massage that focuses on the waist. the massage modes has three levels of intensity with a homogeneous massage rhythm.
	Turns on the stretch massage mode. This massage mode focuses on a leg stretching massage. It features an intensity level of 3 and a rhythmic massage.		Turns on sleep mode. This massage mode features a full-body massage with an intensity cycle that starts at level 3 and decrease until reaching level 1. During the 15 minute massage mode each intensity level gradually shifts every 5 minutes. After 15 minutes the chair won't be in the original position at zero gravity.
Manual Mode:			
Manual massage of neck / back / waist area: Turn on, select your preferred massage method from the icons of the touch screen remote. Holding down the up arrow and down arrow buttons on the remote, adjust the massage heads to the neck / back / waist position. Release the button once the massage heads have move to desired position.			

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Auto Mode:			
Button	Function	Button	Function
	Turns on IRONMAN massage mode. This massage mode features a full-body massage with four levels of intensity and a homogeneous massage rhythm.		Turns on Addaday massage mode. This massage mode features a full-body massage with two levels of intensity with a homogeneous massage rhythm.
	Turns on neck and shoulder massage mode. This massage mode features a full-body massage that focuses on the neck. There are three levels of intensity with homogeneous massage rhythm.		Turns on waist care massage mode. The massage mode features a full-body massage that focuses on the waist. the massage modes has three levels of intensity with a homogeneous massage rhythm.
	Turns on the stretch massage mode. This massage mode focuses on a leg stretching massage. It features an intensity level of 3 and a rhythmic massage.		Turns on IRONMAN 2 mode. This massage mode features a full-body massage with an intensity cycle that starts at level 3 and decrease until reaching level 1. During the 15 minute massage mode each intensity level gradually shifts every 5 minutes. After 15 minutes the chair won't be in the original position at zero gravity.
Manual Mode:			
Manual massage of neck / back / waist area: Turn on, select your preferred massage method from the icons of the touch screen remote. Holding down the up arrow and down arrow buttons on the remote, adjust the massage heads to the neck / back / waist position. Release the button once the massage heads have move to desired position.			

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