Shimmy Shimmy Shake!

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Themes & Variations

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1. Welcome to Music (CD 1-13)

Part A Chorus

Welcome to music, welcome everyone. Welcome to music, we're gonna have some fun. Welcome to music, welcome everyone.

Part B Verse 1

Clap your hands and feel the beat now. Clap your hands, it's really neat. Clap them up high and clap them down low and Roll your hands and wave hello.

Part A Chorus

Welcome to music, welcome everyone. Welcome to music, we're gonna have some fun. Welcome to music, welcome everyone.

Part B Verse 2

Move your head and feel the beat now. Move your head, it's really neat. Move it up high and move it down low. Roll your hands and wave hello.

Part A Chorus

Welcome to music, welcome everyone. Welcome to music, we're gonna have some fun. Welcome to music, welcome everyone.

Teaching Purpose

This song is used to acquire a repertoire of body actions and movements, and to develop a sense of beat. It also gives students an opportunity to explore and experience different dynamics and tempos. Students will also use their imaginations and creativity to create new verses. This song will help the students develop their singing voice as they sing while they perform the actions and movements.

Movement Suggestions

Chorus

Follow a leader (teacher or child) who moves around in a circle or travels around the room using different pathways such as straight, curvy, etc. Copy the leader who makes up different actions on the beat. Try the movements that create sound using different dynamic levels. Try the actions at a variety of tempos. Use the accompaniment track instead of the vocal track, and ask the children to suggest their own actions for the song.

Verses

Perform the actions as suggested by the words. Create new verses that use other actions or movements. For example: pat your knees, stamp your feet, jump, hop, or click your fingers. Try the movements that create sound using different dynamic levels. Try the actions at a variety of tempos. Use the accompaniment track instead of the vocal track, and ask the children to suggest their own actions for the song.

Part B Verse 3

Move your elbows and feel the beat now. Move your elbows, it's really neat. Move them up high and move them down low. Roll your hands and wave hello.

Part A Chorus

Welcome to music, welcome everyone. Welcome to music, we're gonna have some fun. Welcome to music, welcome everyone.

Part B Verse 4

Move your body and feel the beat now. Move your body, it's really neat. Move it up high and move it down low. Roll your hands and wave hello.

Part A Chorus

Welcome to music, welcome everyone. Welcome to music, we're gonna have some fun. Welcome to music, welcome everyone.

Part A Chorus

Welcome to music, welcome everyone.
Welcome to music, we're gonna have some fun.
Welcome to music, welcome everyone.
Welcome everyone.

1. Welcome to Music



Part B Verse 3

Move your elbows and feel the beat now. Move your elbows, it's really neat. Move them up high and move them down low. Roll your hands and wave hello.

Part A Chorus

Welcome to music, welcome everyone. Welcome to music, we're gonna have some fun. Welcome to music, welcome everyone.

Part B Verse 4

Move your body and feel the beat now. Move your body, it's really neat. Move it up high and move it down low. Roll your hands and wave hello.

Part A Chorus

Welcome to music, welcome everyone. Welcome to music, we're gonna have some fun. Welcome to music, welcome everyone.

Part A Chorus

Welcome to music, welcome everyone.
Welcome to music, we're gonna have some fun.
Welcome to music, welcome everyone.
Welcome everyone.

2. Let There Be Music (CD 2-14)

Teaching Purpose

This song is a canon that can be sung and danced in two parts. There are opportunities during the four measure instrumental section to improvise on body percussion, unpitched percussion or sound makers. If you have Orff instruments, teach the arrangement that is given. For a final performance using the Orff arrangement, have one group playing the instruments, and another group singing and performing the dance.

| Bar No. | Words in Verse | Actions & Movements |
|-------------|---------------------------------------|---|
| Bar 1 | Shuffle to the left, | Stan alosa laft 2v |
| Bar 2 | Shuffle to the right. | Step-close left 2x Step-close right 2x |
| Bar 3 | _ | Point left foot forward and back |
| Bar 4 | Point your left foot forward and | |
| Bar 5 | do it with the right. | Point right foot forward and back |
| Bar 6 | Roll your shoulders round, it's outta | Roll your left shoulder around |
| Bar 7 - 11 | <u> </u> | Roll your right shoulder around |
| Bar / - 11 | sight. | Improvise on body for 4 bars |
| Bar 11 | Shimmy to the left, | Step-close left 2x shaking body at the same time |
| Bar 12 | Shimmy to the right. | Step-close right 2x shaking body at the same time |
| Bar 13 | Point your left hand forward and | Point left arm forward and back |
| Bar 14 | do it with the right. | Point right arm forward and back |
| Bar 15 | Shake them all a - | Shake arms up and down |
| Bar 16 | round, it's outta | Repeat |
| Bar 17 - 20 | sight. | Improvise on body for 4 bars |
| | | |
| | | |
| Bar No. | Words in Chorus | Actions & Movements |
| | Put a little | |
| Bar 1 | laughter in your | Take 4 steps forwards |
| Bar 2 | life. A smile can bring a | Take 4 steps backwards |
| Bar 3 | twinkle to your | Touch eyes and put arms out to the side |
| Bar 4 | eye. | Repeat |
| Bar 5 | Dance all through the | Raise arms above head and swing from side to side |
| Bar 6 | day, and let there be | Repeat |
| Bar 7 - 9 | music. | Improvise on body for 4 bars |
| | Dut a little | |
| Day 10 | Put a little | Talso 4 stone formsonds |
| Bar 10 | feeling in your | Take 4 steps forwards |
| Bar 11 | life. Give someone a | Take 4 steps backwards |
| Bar 12 | hug, and you'll feel | Cross arms over body and put arms out to the side |
| Bar 13 | nice. | Repeat |
| Bar 14 | Sing all through the | Raise arms above head and swing from side to side |
| Bar 15 | day and let there be | Repeat |
| Bar 16-20 | music. | Improvise on body for 4 bars |

2. Let There Be Music Percussion



2. Let There Be Music Piano/Vocal

