

ANTI-PLAGUE REMEDY

SUPER GARLIC IMMUNE FORMULA



Dr. John R. Christopher

"I would rather see you have [anti-plague remedy] on stock — gallons of it in your basement for maybe 60 years and never need it — than to find it comes week after next...and you haven't got it....When you are watching friends and relatives and dear ones, and you know that you could have had on hand and that which **could have saved them**, and you haven't, that is going to be harder to take than anything you could ask for."

This formula was intuitively designed by Dr. John R. Christopher as a protection against plagues and communicable diseases. This synergistic blend of herbs helps promote well being during times of colds and flu.

How to Make Anti-Plague Remedy

1. Prepare each herb individually

1. To make herb concentrates, place each herb in a separate container. Add enough distilled water to cover. Soak for 4 hours.
2. Add more distilled water until the total added equals 16 ounces of water per 4 ounces of herb.
3. Simmer each herb separately at a very low heat (under 130°F) in a covered pan (not aluminum or teflon — use stainless steel or glass) for 30 minutes.
4. Strain the liquid into a clean double boiler. Uncovered, steam down to ¼ the original volume. This makes a 7x power concentrate.

2. Juice the Garlic

1. Put enough garlic through a juicer or press to make 8 ounces of juice (approximately 1 pound of fresh garlic).

3. Combine

- Prepared Herb Concentrates
- 8 oz. Garlic Juice
- 32 oz. Vegetable Glycerine
- 32 oz. Raw Apple Cider Vinegar
- 2 ½ cups Raw Honey

4. Store

- Place in dark glass bottles, and store in a cool, dark place.
- This recipe makes approximately 1 gallon of prepared syrup.

Usage: As a preventive measure, take 1 teaspoon 3 times a day. If infected, take 1 tablespoon every ½ hour.

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WHAT YOU'LL NEED

from DRCHRISTOPHERSHERBS.COM

- ▶ 32 oz. Vegetable Glycerine
- ▶ 8 oz. Comfrey Root
- ▶ 4 oz. Wormwood
- ▶ 4 oz. Lobelia Leaf
- ▶ 4 oz. Marshmallow Root
- ▶ 4 oz. Oak Bark
- ▶ 4 oz. Black Walnut Hull
- ▶ 4 oz. Skullcap Leaf
- ▶ 4 oz. Uva Ursi

YOU'LL ALSO NEED

- ▶ 32 oz. Raw Apple Cider Vinegar
- ▶ 2½ cups Raw Honey
- ▶ 1 lb. Fresh Garlic
- ▶ 2 gallons Distilled Water

AVAILABLE PRE-MADE

from DRCHRISTOPHERSHERBS.COM

Super Garlic Immune Formula

Available as:

- ▶ 8 oz. Syrup
- ▶ 4 oz. Syrup
- ▶ 2 oz. Glycerine Extract

