



Wellness Labs Frequently Asked Questions

Is CWC able to bill the insurance company directly?

No. Because of the cost savings, the patient must self-submit for possible coverage. However, your receipt from the lab will contain the insurance codes that are needed by your insurance company.

Do I need to fast before my Wellness Lab?

Yes. Do not eat any food after midnight (12am) prior to your Wellness Lab. Please make sure to be very well hydrated with water the morning of your Wellness Lab.

What is the process for getting my Wellness Lab?

1. Purchase your desired/recommended Wellness Labs here.
2. We will submit your chosen Cometa Wellness Lab to our partner 4PMD and you will receive an email with your lab request forms after one-to-two business days.
3. You walk into your selected lab location with your printed request form, get your lab drawn.
4. The results are emailed to you when they are received by Dr. Cometa. This may take up to one week.

It's that simple.

Where is my nearest lab location?

On our website: CometaWellness.com > **Wellness Labs** > **Wellness Labs FAQ**, near the bottom of the page, click the button for either **LabCorp** or **Quest Diagnostics**. There, you may enter your zip code for a list, and you can set an appointment in advance, to minimize any wait time.

Please note: you cannot take your LabCorp requisition to a Quest location (or vice versa). You will need to designate your preferred lab, and visit that lab for your draw.



Cometa Wellness Labs are available only through Cometa Wellness Center.
For more Wellness Lab blood test bundles, visit CometaWellness.com
CWC-FAQ-171120