

# ECHELON™ APP

## QUICK START GUIDE

THIS QUICK START GUIDE IS DESIGNED TO WELCOME YOU TO THE ECHELON™ EXPERIENCE & HELP YOU ACCESS OUR TOTALLY IMMERSIVE CLASSES IN THE COMFORT AND CONVENIENCE OF YOUR OWN HOME. FOLLOW THE STEPS BELOW TO BEGIN A MOTIVATIONAL JOURNEY THAT WILL ENHANCE YOUR FITNESS ROUTINE.

### 1 PICK YOUR PLATFORM & DOWNLOAD

The Echelon™ App is designed for use with both Apple and Android products. To download it enter "Echelon Fit" into the search field at either the App Store or on Google Play.



### 2 CREATE YOUR APP PROFILE

Once the Echelon™ App is installed, choose the SIGN UP button to begin account creation. This screen will give you the opportunity to input your personal info and image, or sign up via Facebook. Be sure to complete the PURCHASED FROM section. When prompted, choose FLEX to access the main menu.



### 3 CONTENT ACCESS

Once inside the Echelon™ App, you will have access to 8 On Demand Classes and 6 Scenic Rides. These 14 FREE classes will get you started on your Echelon™ Experience.



### 4 CONNECT WITH THE COMMUNITY

Echelon™ gives you easy access to all the energy and excitement of live instruction in the privacy and convenience of your own home! Ride together in real time with a licensed instructor and fellow members of the Echelon™ community. With a variety of classes scheduled every day, you'll always find something to fit your schedule and suit your mood. Whether you have 20 minutes or two hours, Echelon's™ got you covered. On Demand options let you choose from hundreds of classes for any fitness level; from cycling and yoga, to warm-ups, strength training, and more, there's something for everyone and new content is always being added to keep things fresh and you motivated! Fees may apply to access additional features and/or classes.



### 5 GO FOR IT!

You're ready to take your fitness to the next level. Now, get on the bike and ride toward your goals!



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