

## **Hand Washing Songs**

20 Second nursery rhymes to sing while washing your hands.

#### **Itsy-Bitsy Spider**

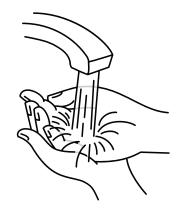
- 1. The itsy-bitsy spider
- 2. Climbed up the water spout
- 3. Down came the rain
- 4. And washed the spider out
- 5. Out came the sun
- 6. And dried up all the rain
- 7. And the itsy-bitsy spider
- 8. Climbed up the spout again

### Mary Had a Little Lamb

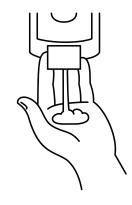
- 1. Mary had a little lamb
- 2. Little lamb, little lamb
- 3. Mary had a little lamb
- 4. Its fleece was white as snow
- 5. And everywhere that Mary went
- 6. Mary went, Mary went
- 7. Everywhere that Mary went
- 8. The lamb was sure to go

#### Once I Caught a Fish

- 1. One, two, three, four, five,
- 2. Once I caught a fish alive,
- 3. Six, seven, eight, nine, ten,
- **4.** Then I let go again.
- **5.** Why did you let it go?
- 6. Because it bit my finger so.
- 7. Which finger did it bite?
- 8. This little finger on the right



1. Wet hands.



2. Use soap.



3. Rub hands.



4. Between fingers.



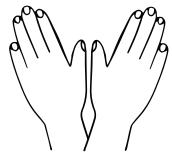
5. Under fingernails.



6. Rinse hands.



7. Dry hands.



8. Hands are clean!



### **Crossword Puzzle**

Look at the pictures and complete the crossword puzzle. The first word has already been done for you.

#### **ACROSS:**

1.





DOWN:





5.









				1	Ι	R	<sup>2</sup> R	0	R
3									
		6							
4									
					8				
		7							
5					9				



# **Hygiene Word Find**

Try and find as many words as you can in the gird below.

S	Н	0	W	Е	R	T	A	J	W	F
С	K	S	I	С	u	Т	0	W	Е	L
R	W	Е	Р	Н	L	A	C	X	W	0
u	X	G	Е	R	M	S	X	C	Z	S
В	D	Н	S	В	Z	Н	M	L	Е	S
В	Н	A	F	X	C	Α	G	Е	D	Α
В	R	u	S	Н	K	M.	K	A	V	В
N	M	Н	J	L	C	Р	D	Z	S	Α
R	I	N	S	Е	S	0	С	N	V	T
В	G	K	R	F	S	0	Α	Р	M	Н

shower scrub rinse towel wipe germs soap brush floss shampoo bath clean