

Moved by Bikes SUP Lower Bar Set



Congratulations on your purchase of the best Stand Up Paddleboard (SUP) carrying rack on the planet! Moved By Bikes Longboard Racks, when paired with these SUP Lower Bar Sets, are uniquely capable of handling larger SUPs. With these bars, you can easily swap out your lower U shaped bars to carry thicker SUPs including inflatable SUPs up to 6" thick (typical).



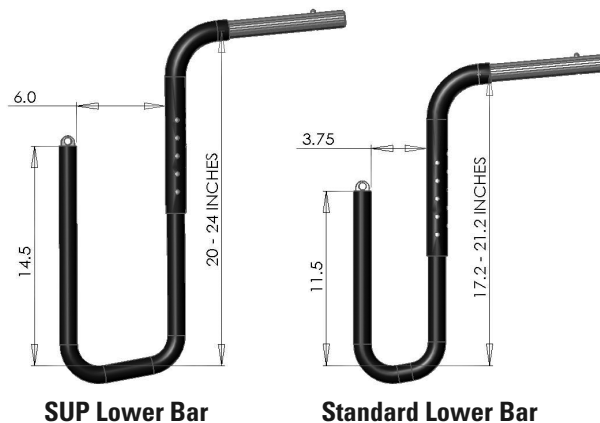
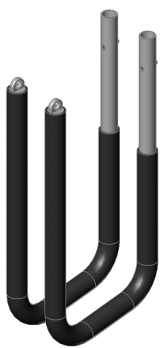
USE THIS PRODUCT SAFELY

Riding a bicycle is an inherently dangerous activity. Carrying surfboards and large SUPs in particular greatly increases your risk of injury and should be done with the greatest of care. Be sure that you maintain your bicycle and check bolts on the racks as well, as they may loosen up over time. Always ride under control, be alert, and follow the rules of the road. The racks are not intended for aggressive riding of any kind.

QUICK AND EASY SUBSTITUTION TO YOUR LONGBOARD RACKS

Be sure to follow the Longboard Rack installation instructions (or videos) to ensure a proper installation of your MBB Longboard Rack. These SUP Lower Bars simply plug into your longboard rack bars, replacing the lower U shaped portion with a larger cradle, capable of handling thicker and wider boards, including inflatable SUPs.

CONTENTS OF THIS BAR SET



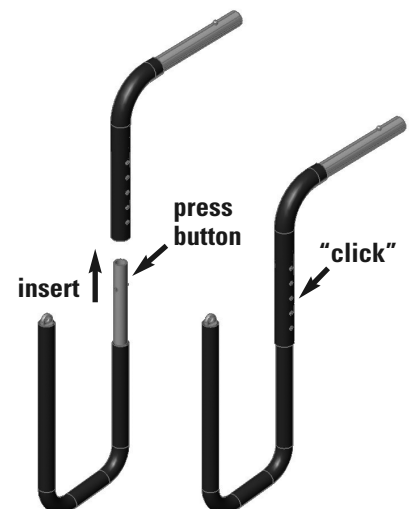
MBB Longboard Racks were optimized for carrying 20-lb longboards, but we have found them to be effective for carrying SUPs weighing up to about 25 lbs when extra care is taken to ensure a robust installation.

- Follow the installation instructions closely, including using anti-seize on all U-bolts and hardware.
- For heavier boards, we recommend removing all rubber covers from the mounts.
- Check to make sure you have adequate handlebar clearance for wider boards.

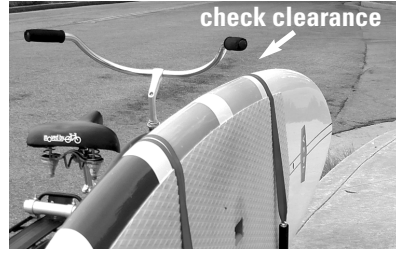
If your board is heavier than 25 lbs, we do not recommend using our racks to carry it. Additionally, lighter or less experienced riders may have trouble carrying heavier boards with this style of rack.

TOOLS

No tools are needed to swap these bars into your existing MBB longboard Rack.



REVIEW INSTALLATION OF YOUR LONGBOARD RACKS TO ENSURE COMPATIBILITY



1. Check all bolts and fasteners on your Longboard Rack installation. We recommend removal of all rubber covers when using the racks with heavier SUP boards. This includes removal of the rubber saddle cover, and the rubber sleeves on the U bolts. This ensures the best possible clamping of the racks to your frame.
2. Check to be sure you will have adequate handlebar clearance. Generally this means that you can only install the racks on bikes with high rise beach cruiser style handlebars.
3. Check the weight of your SUP. If it is over 25 lbs, we do not recommend using it with these racks.

SWAP OUT YOUR BARS



4. Push the button on the side of the lower shaped bars to release them from the upper bars. You may need to push them in with a fingernail or screwdriver to release them (because of the foam).
5. Slide the new, larger bars in until they click into place. That's it. There are five height settings. To access the top two you will need to trim some foam from the lower bars.

LOAD YOUR BOARD



6. With the bars installed, you are ready to drop your board in and head to the beach! With larger SUP boards, we always recommend strapping your board into the racks. This makes it more stable and easier to ride. Set your straps or bungee cords so the top of the board is pulled in to the frame for the best possible securement. Straps and bungee cords are not included in the bar set, but are readily available at hardware stores.

