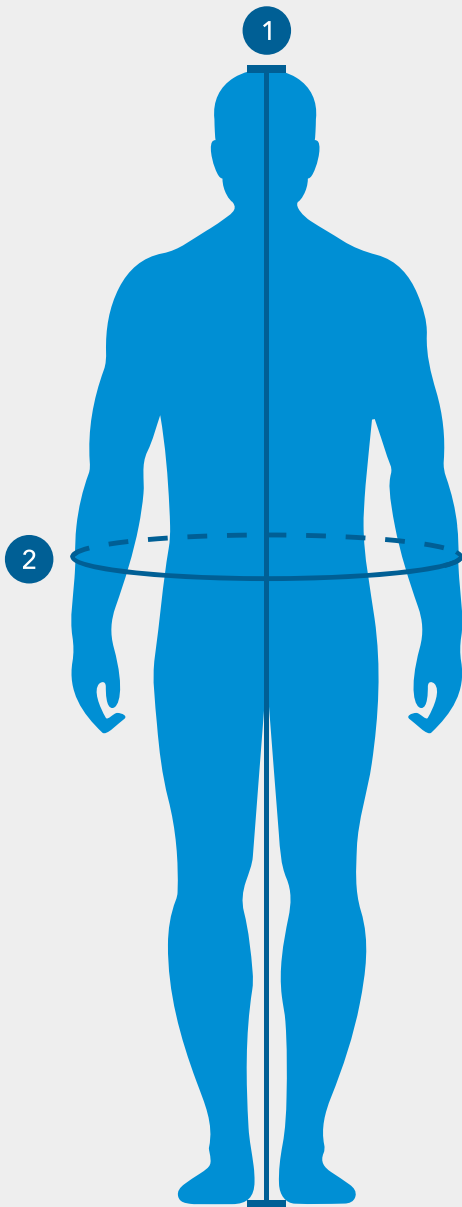


# SIZE CHART TWIN QUILT



## Guarantee the Perfect Fit

Using your measurements, refer to the chart below to determine which size bag will work best for you.

Height	Short	Medium	Long
	Up to 5' 6" (168 cm)	Up to 6' 0" (183 cm)	Up to 6' 6" (198 cm)

## How to Measure

- 1 Height** - The measurement extending from the top of your head to the bottom of your feet.
  - Our bag is sized to cinch comfortably around your necks while on your back or stomach. If you would like the bag to come up around your ears, select the next longer length.
- 2 Girth** - Our twin quilt girth will fit two average sized hikers.

## Choosing a Temperature Rating

Our ratings system is designed to keep an average person reasonably comfortable down to the listed temperature, however factors like body fat, clothing, your shelter, overly windy or wet conditions can all have an effect.

- Cold sleepers should upgrade to the next warmest rating beyond the expected temperature that will be encountered.