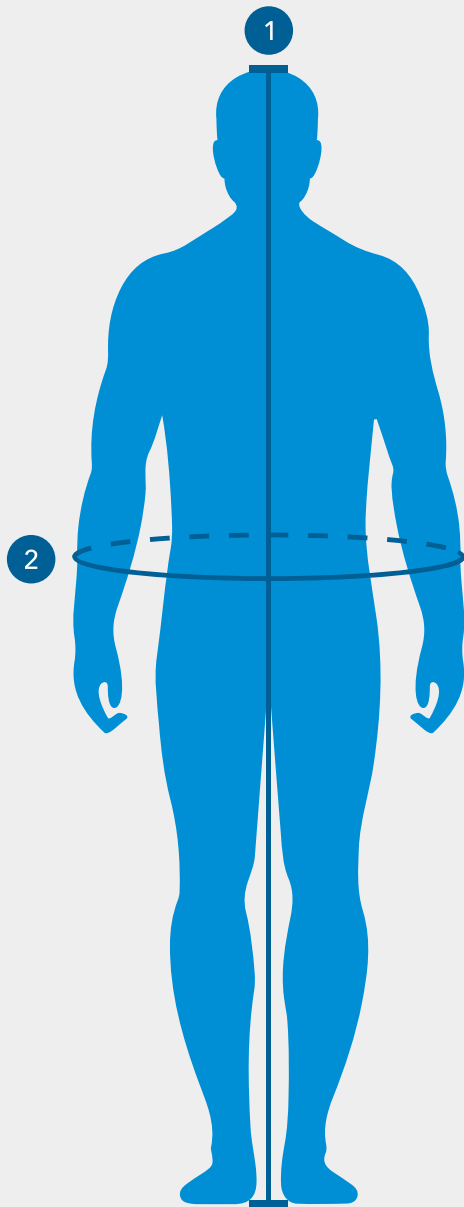


# SIZE CHART SLEEPING BAGS & QUILTS



## Guarantee the Perfect Fit

Using your measurements, refer to the chart below to determine which size bag will work best for you.

Girth / Height	Fit up to 5' 6" (Fit up to 168 cm)	Fits up to 6' 0" (Fits up to 183 cm)	Fits up to 6' 6" (Fits up to 198 cm)
Fits up to 50" (Up to 127 cm)	Standard Short	Standard Medium	Standard Long
Fits up to 55" (Up to 140 cm)	Standard Short	Standard Medium	Standard Long
Fits up to 60" (Up to 152 cm)	Broad Medium	Broad Medium	Broad Long

## How to Measure

- 1 Height** - The measurement extending from the top of your head to the bottom of your feet.
  - Our bag is sized to cinch comfortably around your neck while on your back or stomach. If you would like the bag to come up around your ears, select the next longer length.
- 2 Girth** - Including your arms, the measurement around the widest part of your torso. Your arms should be loosely by your side when measuring.
  - Side sleepers and those who toss and turn should upgrade to the next available width.

## Choosing a Temperature Rating

Our ratings system is designed to keep an average person reasonably comfortable down to the listed temperature, however factors like body fat, clothing, your shelter, overly windy or wet conditions can all have an effect.

- Cold sleepers should upgrade to the next warmest rating beyond the expected temperature that will be encountered.