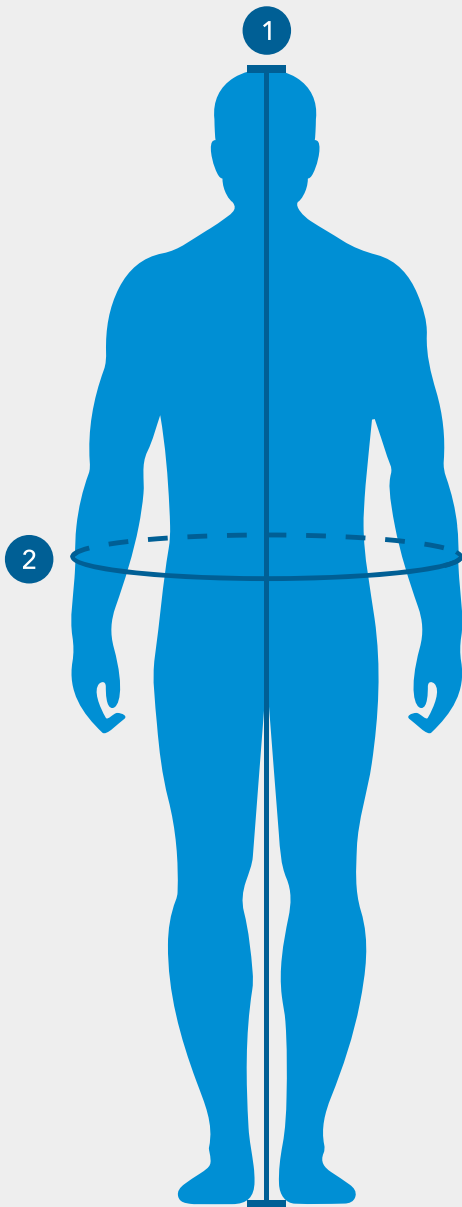


# SIZE CHART

## SLEEPING BAGS & QUILTS



### Guarantee the Perfect Fit

Using your measurements, refer to the chart below to determine which size bag will work best for you.

Girth / Height	5'2" & Below (157 cm & Below)	5'2" to 5'7" (157 cm to 170 cm)	5'7" to 6'0" (170 cm to 183 cm)	6'0 to 6'5" (183 cm to 196 cm)
Up to 50" (Up to 127 cm)	Slim Short	Slim Medium	Slim Long	Standard X-Long
Up to 55" (Up to 140 cm)	Standard Short	Standard Medium	Standard Long	Standard X-Long
Up to 60" (Up to 152 cm)	Broad Long	Board Long	Broad Long	Broad X-Long

### How to Measure

- 1 Height** - The measurement extending from the top of your head to the bottom of your feet.
  - Our bag is sized to cinch comfortably around your neck while on your back or stomach. If you would like the bag to come up around your ears, select the next longer length.
- 2 Girth** - Including your arms, the measurement around the widest part of your torso. Your arms should be loosely by your side when measuring.
  - Side sleepers and those who toss and turn should upgrade to the next available width.

### Choosing a Temperature Rating

Our ratings system is designed to keep you comfortable within the range of the listed temperature.

- Cold sleepers should upgrade to the next warmest rating beyond the expected temperatures that will be encountered.