

Kenyan Chai Tea

Mix together:

- 1 tsp. ground ginger
- 1 tsp. cinnamon
- 1/2 tsp. nutmeg
- 1/4 tsp. cloves
- 1/4 - 1/2 cardamom
- 1/8 ground black pepper

Add 2 cups water and 2 cups milk to a saucepan with 1 - 2 tsp. of the spice mixture (save the rest for future use). Bring to a Boil. Add 5 - 8 teaspoons of sugar depending on desired sweetness. Stir. Remove from heat. Add 2 tsp. black tea. Steep for 2 minutes. Pour into mug. Enjoy!