



## ezpz Mini Line + Developmental Milestones



### ezpz Mini Utensils

Learning to self-feed is an important developmental milestone, and the ezpz Mini Utensils are designed to help toddlers learn how to eat with a spoon (scooping) and fork (piercing). **(12 months +)**  
*Designed by a Pediatric Feeding Specialist (Dawn Winkelmann, M.S, CCC-SLP)*

#### Milestones

##### **Able to bring spoon + fork to mouth (palm up)**

- Short, fat, round silicone handles makes grasping and movements to the mouth more successful

##### **Able to scoop food using a utensil**

- Strong nylon head improves a toddler's scooping + piercing ability



### ezpz Mini Cup

Independent drinking from an open cup is a feeding milestone that supports oral and speech development, aids with teething, decreases tooth decay and helps your toddler develop a strong swallow. **(12 months +)**

*Designed by a Pediatric Feeding Specialist (Dawn Winkelmann, M.S, CCC-SLP)*

#### Milestones

##### **Able to hold an open cup independently**

- The non-slip silicone grip and weighted base improves a toddler's fine motor grasp development

##### **Able to drink from an open cup (with some spillage)**

- Interior angle provides an even flow for a safe drinking position



### ezpz Mini Mat

The Mini Mat is an all-in-one placemat + plate that suction to the table or highchair tray. The mat's stable base reduces tipped plates and helps infants + toddlers learn to self-feed. **(6 months +)**

#### Milestones

##### **Able to finger-feed soft foods**

- Stable base of the mat promotes self-feeding

##### **Able to use a true pincer grasp**

- Toddler can practice a "pincer grasp" (using tips of index finger + thumb) to hold or dip foods into Mini Mat's eyes