
MEASURING CHILDREN WHO CAN STAND

Place a sheet of paper on a hard floor and ask your little one to stand on it, in socks with feet slightly apart. Carefully draw around both feet.

Measure the distance in centimetres from the back of the heel to the tip of the longest toe. Always use the measurement of the longest toe - it is normal for feet to be slightly different in length.

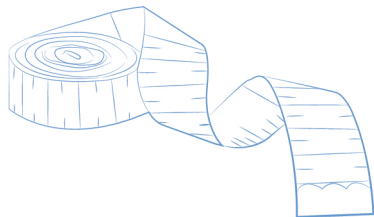
Add 1cm to the measurement to allow for growth and refer to the chart.

MEASURING BABIES & CHILDREN UNABLE TO STAND

Get your little one to lie down and relax, with socks on, so that their toes are fully extended.

Measure both feet with a tape measure or ruler in centimetres, from the back of the heel to the tip of the big toe. Use the measurement of the longest foot - it is perfectly normal to have slightly different length feet.

Add 1cm to the measurement to allow for growth and refer to the chart.



UK SIZE	EU SIZE	LENGTH IN CM
NEWBORN	NEWBORN	10.5
2	18	11
3	19	11.7
3.5 - 4	20	12.4
4 - 4.5	21	13.1
5	22	13.8
6	23	14.5
7	24	15.2
8	25	15.9
8.5	26	16.6
9	27	17.3
10	28	18
11	29	18.8
11.5	30	19.5
12.5	31	20.2
13	32	20.9
1	33	21.6
2	34	22.3
2.5	35	23
3	36	23.6
4	37	24.3
5	38	25