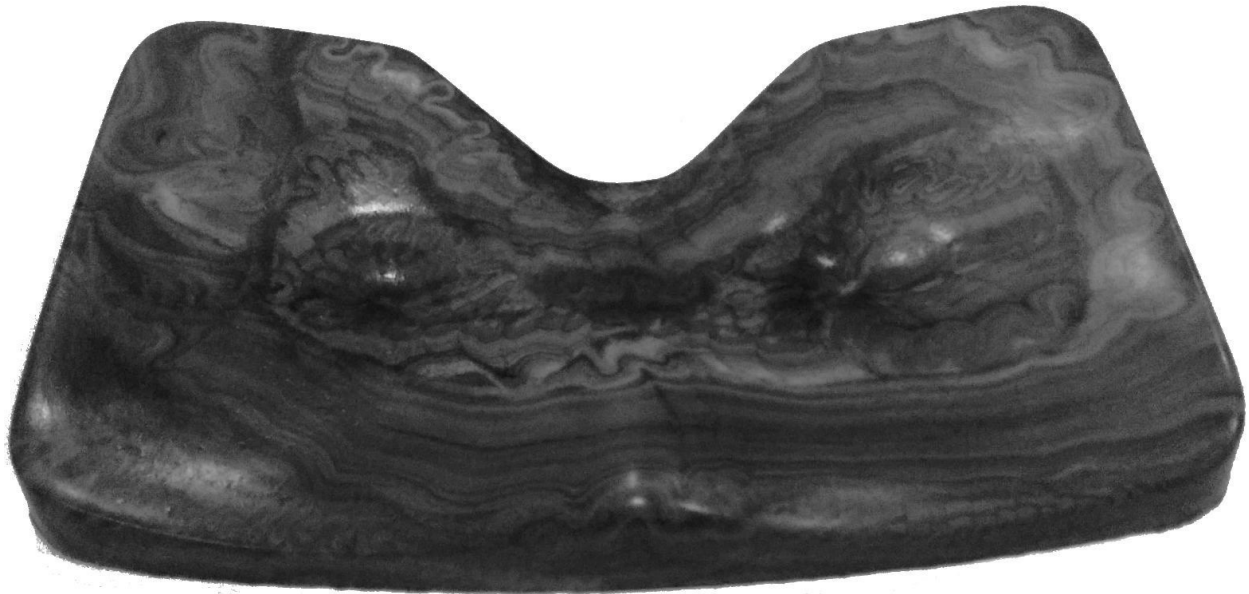




PerfOARm Rowing Seat Pad User's Manual



Thank you for your purchase of a Revolution Rowing PerfOARm Rowing Seat Pad. The following are a number of guidelines for using your new pad.

1. Your PerfOARm seat pad is made to fit in sculling boats, sweep boats and on indoor rowing machines. Due to the different widths and designs of these seats, your seat pad may feel different when used on varying styles of seats.
2. The Form Fit Foam used to create your PerfOARm seat pad is naturally rubbery and sticky. It should not slide around when you use it on a standard rowing seat. If you do have trouble with the pad sliding, use a couple pieces of double sided scotch tape to keep it in place. Do not use permanent or semi-permanent double sided mounting tapes, as these might damage your pad and the seat.
3. Your PerfOARm seat pad is made to wear out over time so that your posterior does not! Depending upon how much you do or do not use your pad will determine how quickly it wears.
4. When not in use, store your pad in a cool, dry place where it is not exposed to direct sunlight.