# **Hipertention**<sup>®</sup>

# HERBAL DIETARY SUPPLEMENT SUPPORTS HEALTHY BLOOD CIRCULATION

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Hypertension is present in many people who are unaware they have this disorder. Hypertension is called a silent killer because too often the first symptom of the disease is a heart attack or stroke.

An adult's blood pressure level should be below 140/90. The American Heart Association states that "One in three adults in the U.S. has high blood pressure. About 30 percent of them don't know they have it." About 73 million Americans have high blood pressure.

There are no standard causes that can be established in about 95% of primary hypertension patients. The onset of essential hypertension is usually between the ages of 25 to 55. It is uncommon before age 20. Approximately 5% of hypertension results from renal insufficiency, renal artery stenosis or coarctation of the aorta etc., which is called secondary hypertension. About 20% - 30% of Caucasian and 40% - 45% of African American adults have suffered from hypertension in the USA.

The blood pressure fluctuates widely in response to emotional stress and physical activity. Blood pressure readings taken by the patient at home are often lower than taken in the clinic or hospital. Blood pressure should be measured after the patient has rested five minutes or more in a quiet and warm room. Blood pressure should not be measured within one hour after smoking or 12 hours after alcohol consumption. The pathogenesis of essential hypertension is multifactorial:

1. Genetic factors 2. Environmental factors 3. Increased salt intake 4. Excess weight 5. Over consumption of alcohol, hypertension can be difficult to control in patients who consume more than 30 ml (50% of alcohol) a day 6. Cigarette smoking acutely raises blood pressure by increasing plasma norepinephrine 7. Estrogen use 8. Renal disease 9. Primary hyperaldosteronism and cushings desease 10. Coarctation of the Aorta 11. Hypertension during pregnancy.

Ambulatory pressures are more closely related to organ damage. Specific complications include the following:

1. hypertension induced cardiovascular disease 2. Hypertension induced cerebrovascular Disease and Dementia -hypertension is the major predisposing cause of stroke, especially intracerebral hemorrhage but also cerebral infarction.
Cerebrovascular complications are more closely correlated with the systolic than diastolic blood pressure. 3. hypertensive
renal disease 4. Aortic Dissection Atherosclerotic complications: most patients in the USA with hypertension die of
complications of atherosclerosis. 6. Malignant and Accelerated hypertension

#### **Blood Pressure Drug May Cause Cancer**

According to a study involving 5,000 patients aged 71 and older, conducted by scientists at the University of Tennessee in Memphis. The regular use of calcium channel blockers, the most widely prescribe group of high blood pressure drugs, is associated with a 72 % higher rate of cancer. In research published in The Lancet (August1996) this percentage increase is equal to 8 new cancers per 100 people using the drug for 5 years<sup>1</sup>.

#### **Natural Therapy**

Modern pharmacological studies have shown that Alismatis Rhizone and it's extract have been successful in lowering hypertension. Alismatis Rhizone contains Alisamal, an ingredient which has demonstrated a change in anti-hypertension and kidney hypertension in a model mouse. Researchers administered injections to dogs and rabbits. The results produced a stable reduction in the blood pressure in a thirty minute span<sup>2</sup>.

A clinical report taken from the Train College Shanghai, China presented the following case study: A total of 50 patients took part in the program. Each participant ate 9 grams of concentrated soup cooked with *plantago seed* daily for 30 days. Results did not show an obvious change in hypertension, in which researchers increased the dosage to 18 grams per day for 3-4 months. The results of 23 patients' systolic decreased to within 150 MM Hg; 25 patients' diastolic reduced within 90 MM Hg<sup>3</sup>.

## A NOTE FROM A MEDICAL PIONEER



Dr. Luke Cua's system allows practitioners who (like me) were not taught Traditional Chinese Medicine (TCM) in medical school to easily utilize TCM herbal formulas with their patients, extending our capabilities to help our patients with safe, effective, and timetested natural remedies.

J.V. Wright MD Highly recommended!

# **Hipertention**<sup>®</sup>

All patients with high normal or elevated blood pressure with a family history of cardiovascular complications of hypertension and multiple coronary artery risk factors should be considered for natural approaches to lower blood pressure, including weight control, reducing alcohol consumption, reducing the salt intake, physical exercise, and new vita<sup>®</sup> herbal supplement "Hipertention<sup>®</sup>". Hipertention<sup>®</sup> is prepared according to Dr. Luke Cua's proprietary methods that have been developed over thirty years of clinical research using both oriental and occidental nano techniques. Hipertention<sup>®</sup> is the best herbal supplement that supports healthy blood circulation, and rebalance stage 1 and stage 2 hypertension with great health benefits without any side effect which we discussed above. The ingredients are made from 100% premium natural herbs, which include Alismatis Rhizone, Plantago Seed, Ligustrum Fruit. Many of my patients have had results using HIPERTENTION<sup>®</sup>. The following is a case study: female patient who has been suffering from hypertension for many years. On March 8, 2014, the patient started her treatment using the following natural solution: HIPERTENTION<sup>®</sup>, 3 capsules, twice a day.

### Testimonial From A Doctor

Dr. Cua,

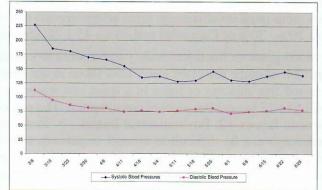
Thank you so much for all you have done for me in the two visits and with the follow-up herbs. I feel so much better. My blood pressure is much improved and my knee is remarkably better with your treatments. I can walk without the fear of hyperextension of the knee due to an old injury and I can squat down without pain.

You asked for the information about my blood pressure, here are the numbers. [Please see the bar chart]

Thank you again. I believe God has sent me to you to avert a serious cardiovascular event.

Sincerely grateful,

Nita McNeill, DVM



- 1. Definitive Guide to Cancer. W. John Diamond, M.D. and W. Lee Cowden, M.D., Future Medicine Publishing, Inc. 1998.
- 2. Modern Research and Applying for Chinese Herbs. Xue Yuan Press Beijing, China, October 1997
- 3. Chinese Clinic Herbal Medicine. Ren Min Wei Sheng Press, Beijing, China, April 1998

#### Reference Material

### Common drug therapy for hypertension and their potential side effect are listed below:

- 1. DIURETICS:
  - \* Skin rash
  - \* Photosensitivity
  - \* Pancreatitis, Electrolyte abnormalities
  - \* High Cholesterol
  - \* Insulin resistance
  - \* Urinary frequency and urgency
  - \* Sexual dysfunction
- 2. Beta-blackers:
  - \* Bradycardia
  - \* Fatigue
  - \* Insomnia, bizarre dreams, nightmares
  - \* Cold extremities, worsening of Raynaud's phenomenon, or increasesd symptoms of peripheral vascular disease
  - \* Sexual dysfunction
  - \* Dyspneac
  - \* Worsening of asthma
  - \* High triglycerides
  - \* Low HDL

- 3. Calcium channel blockers:
  - \* Flushing
  - \* Headache
  - \* Postural dizziness or hypotension
  - \* Rapid heart rate or palpitations
  - \* Fluid buildup in the legs and ankle edema
  - \* GI disturbances
- 4. Alpha-blackers:
  - \* Postural hypotension
  - \* Tachycardia
  - \* Dizziness
  - \* GI distress
- 5. ACE inhibitors
  - \* Cough
  - \* Postural hypotension
  - \* Dizziness
  - \* Angioedema resulting in swelling of lips, difficulty breathing, or swallowing
  - \* Rash
  - \* Loss of taste and appetite
  - \* Fetal or neonatal morbidity or death if taken by pregnant women
- 6. Angiotensin blockers: Includes: Candesartan (Atacand); Eprosartan (Teveten); Irbesartan (Avapro); Losartan (Cozaar); Olmesartan (Benicar); Telmisartan (Micardis); Valsartan (Diovan).

This group of drugs have been linked to a small increase in the risk of developing cancer (a study from Western Reserve University School of Medicine in Cleveland.

Reference 1-5: Moser, Marvin MD. Clinical Management of Hypertension. New York: Professional Communications Inc. 9<sup>th</sup> edition 2013. Print. Reference 6: Blood Pressure Drugs Linked to Cancer Angiotensin-Receptor Blockers Raise Risk of Developing Cancer, Research Shows By: Peter Russell WebMD Health News Reviewed by Laura J. Martin, MD