

# SIGNATURE SMOOTHIES

20 oz. Nutrient-Dense Smoothies

## FLAX MASTER THE ALL-IN-ONE

The All-in-One: Earthfusion™ protein, açai, banana, blueberry, almond butter, cinnamon, coconut water, maca, L-glutamine, vitamin B-12 & flax oil

●●●●● (416 cal)

## GREAT BREAKFAST

A balanced, complete meal: Earthfusion™ protein, banana, almond butter, almond milk & granola

●●●● (363 cal)

## BLUEBERRY BLISS

Great antioxidant-rich boost: Earthfusion™ protein, blueberry, banana, almond butter & hemp milk

●●●● (452 cal)

## CHOCOLATE SUPREME

Superfood energizer: Earthfusion™ protein, banana, raw cacao, mesquite, almond butter & hemp milk

●●●● (547 cal)

## SLIM DOWN

A perfect low cal protein shake: Earthfusion™ protein, strawberry, pineapple, coconut water & slim down boost

●●●●● (242 cal)

## MUSCLE UP

Lean and mean fuel: Earthfusion™ protein, banana, almond butter, almond milk & L-glutamine

●●●● (388 cal)

## RADIANT SKIN

Beauty boost that begins within: Papaya, açai, green detox powder, almond milk, flax oil, tocotrienols, lecithin & plant sweetener

●●●●● (274 cal)

● PROTEIN ● LOW-CAL ● ENERGY ● DETOX ● IMMUNITY

# PREMIUM SMOOTHIES

20 oz. Nutrient-Dense Smoothies

## SIGNATURE EARTH SHAKE

High-protein, low-cal nutrition: Earthfusion™ protein, ice & hemp milk (chocolate or vanilla)

●●●● (232/331 cal)

## AMAZON IMMUNITY

Immune-boosting properties to increase resistance: Pineapple, acerola, lemon, ginger, hemp milk & immunity boost

●●●● (310 cal)

## GREEN DETOX

High-fiber, cleansing benefits: Banana, pineapple, hemp milk & raw kale

●●●● (364 cal)

## AÇAÍ PURE

Power-up antioxidant from the Amazon: Açai, blueberry, almond milk & antioxidant cascade

●●●● (260 cal)

## EARTHBERRY

Low-cal, nutrient-rich nutrition: Blueberry, strawberry, açai, agave & coconut water

●●●● (285 cal)

## MIAMI BEACH

Low-cal snack: Banana, papaya, pineapple & coconut water

●●●● (257 cal)

## BERRY SIMPLE

Simple and classic smoothie: Strawberry, banana, hemp milk & plant sweetener

●●●● (384 cal)

## MATCHA GREEN-T POWER

Natural energy and antioxidants: Banana, matcha green tea, hemp milk, spirulina & plant sweetener

●●●● (270 cal)

## EARTHBAR SIGNATURE BOWL

Organic acai blended with banana and hemp milk (chocolate or vanilla), topped with fresh banana, strawberry, and granola (489 cal)

# POWER BOOSTS

Add fuel to your smoothie (10-110 cal)

## ENERGY

**B-12 + Ginseng**

Provides an even 'lift' throughout the day; nourishes your nervous system and supports the adrenals

## WEIGHT MANAGEMENT

**Slim Down + Detox**

Boosts metabolism to assist in weight loss

## PERFORMANCE

**Vanilla or Chocolate Plant Protein + Joint Tonic**

Aids muscle recovery and supports smooth muscular reflexes

## PHYSIQUE

**Slim Down Tincture + Vanilla or Chocolate Plant Protein**

Supports lean muscle growth

## DETOX

**Liver Detox + Green Tea Tincture**

Initiates the cleansing process and provides antioxidant support

## RECOVERY

**Immunity + Antioxidant Cascade**

Gives an immune system boost, benefitting from the super-charged antioxidant value found in our original superfruit extract

# SHOTS

## WELLNESS

Preventative immune boost with anti-bacterials that fight microbes on contact

## BRAIN ON

E3 live + "brain on" for mood elevation and focus

## BRAIN ON SUPREME

Super-enhanced "brain on"

## COLD & SINUS

Preventative immune boost with natural herbs that open sinuses for easier breathing

## L-CARNITINE

Natural fat burner

## E3 LIVE

Organic, wild harvested blue-green algae

earth bar  
healthy supply co. since 1971

