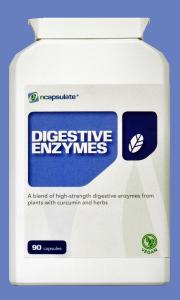
# DIGESTIVE ENZYMES



Plant digestive enzymes with herbs and digestives



- Digestive enzymes:
   Betaine HCL, bromelain, papain, protease, amylase and lipase.
- Herbs and Digestives:
   Alfalfa, apple cider vinegar, caraway seed, chamomile, fennel seed, ginger root, peppermint leaf and tumeric.

Suitable for vegetarians and vegans

Dairy-free

Gluten-free

Kosher approved

Contains no added: artificial colours, flavourings, preservatives, dairy products, gluten, lactose, soya, sugar or yeast.

## POTENTIALLY BENEFICIAL FOR:

- Bad breath
- Bloated stomach
- Flatulence
- Bad body odour
- Candida albicans
- Coated tongue
- Coeliac disease
- Crohn's disease
- Diarrhoea
- Digestive problems
- Ulcerated colitis
- Gall stones
- Indigestion / reflux
- Irritable Bowel Syndrome
- Leaky gut syndrome

ncapsulate® Digestive Enzymes is a high-strength supplement which combines a broad spectrum range of plant-derived digestive enzymes with carminative, anti-spasmodic and gut-soothing herbs.

Digestive enzymes are important because they enable us to break down proteins, carbohydrates and fats into their raw components in order to make the nutrients available for absorption and utilisation. Over time, poor digestion leads to nutrients malnutrition and the beginning of a range of ailments. Similarly, we produce fewer digestive enzymes as we age – our bodies' own reserves are finite.

This superior dietary supplement surpasses formulas that top health practitioners prescribe for their clients, and is made available to you at premium quality with free worldwide shipping and at a fraction of their prices.

### DIGESTIVE ENZYMES

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#### **INGREDIENTS**

#### **ENZYMES**

**BETAINE HCL:** An acidic form of betaine – a vitamin-like substance found in grains and other foods. Used to provide **hydrochloric** acid as an aid to digestion. Production seems to decline with age. A deficiency of gastric acid secretion increases the likelihood of certain bacterial and parasitic intestinal infections. Too little hydrochloric acid also impairs digestion of foods (especially protein) and the ultimate absorption of nutrients.

**BROMELAIN:** A proteolytic protein and high-fat meals digestion enzyme derived from the stem of the **pineapple** plant. Used as a **digestive aid**, **anti-inflammatory**, **smooth muscle relaxant**, digestant and **anti-oedema**. It inhibits the production of prostaglandins associated with **inflammation and pain**, while promoting the formation of **prostaglandins** with anti-inflammatory actions. Also assists in reducing **mucous** congestion. Ideally taken with **turmeric** for digestive problems. It also appears to aid the absorption of curcumin, the active component in turmeric.

**PAPAIN:** A protein-digesting enzyme found in paw-paw (papaya) fruit.

**PROTEASE:** An enzyme that helps with the digestion of **protein**.

**AMYLASE:** An enzyme that helps to digest **carbohydrates**.

**LIPASE:** A fat digestion enzyme. People with pancreatic insufficiency require lipase.

#### HERBS AND NATURAL DIGESTIVES

**APPLE CIDER VINEGAR:** A natural **detoxifier**, **antiseptic**, **anticatarrhal**, **bitter agent**, **digestive aid** and **anti-microbial**. Helps to digest and sterilise foods eaten, while cleansing the colon and helping to regulatehydrochloric acid levels. Used to aid digestion, stimulate stomach acid and digestive enzymes.

**CARAWAY SEED: Anti-microbial, anti-spasmodic and carminative** (anti-flatulence).

**CHAMOMILE:** This herb has a **relaxing and calming** effect on inflamed areas of the gut.

**FENNEL SEED:** A gentle warming agent for delicate stomachs. It is a carminative, aromatic, **anti-spasmodic**, **digestive** and a **gut-soother**.

**GINGER ROOT:** Actions include anti-inflammatory, carminative, anti-spasmodic, expectorant, vasodilator, circulatory system stimulant and anti-cholesterol.

**PEPPERMINT LEAF:** A well-known digestive agent, antiseptic, peripheral vasodilator and enzyme activator.

Also a source of magnesium and potassium. a **carminative** and **anti-spasmodic**. Helps to **soothe** the gut lining.

**TURMERIC (WITH CURCUMIN):** An aromatic, **stomachic**, **antioxidant**, **carminative** and **bile stimulant**. Supports the body's **anti-inflammatory actions**, **liver function** and bile flow. Helps to **reduce loose motions** and **flatulence**.

**ALFALFA:** This sprout contains **alkaloids**, **isoflavones**, **coumarins** and **sterols**, as well as 8 essential enzymes: **amylase** (digests starches), **coagulase** (coagulates milk), **invertase** (converts sugar into dextrose), emulsin (acts upon sugars), **peroxidase** (oxidases blood), **lipase** (fat-splitting enzyme), **pectinase** (forms a vegetable jelly from pectin) and **protase** (digests protein).