

# Nutrition Facts

Servings Per Container 1

**Serving Size** 1 bottle (414mL)

Amount Per Serving

**Calories** **400**

% Daily Value<sup>†</sup>

**Total Fat** 24g **31%**

Saturated Fat 2.5g **13%**

*Trans* Fat 0g

Polyunsaturated Fat 3g

Monounsaturated Fat 18g

**Cholesterol** 0mg **0%**

**Sodium** 300mg **13%**

**Total Carbohydrate** 37g **13%**

Dietary Fiber 3g **11%**

Total Sugars 1g

Includes 1g Added Sugars **2%**

**Protein** 20g **40%**

Vitamin D 4mcg 20% · Calcium 200mg 15%

Iron 4mg 20% · Potassium 700mg 15%

Vitamin A 20% · Vitamin C 20%

Vitamin E 20% · Vitamin K 20%

Thiamine 20% · Riboflavin 20%

Niacin 20% · Vitamin B6 20%

Folate 80 mcg DFE

(48mcg Folic Acid) 20% · Vitamin B12 20%

Biotin 20% · Pantothenic Acid 20%

Iodine 20% · Phosphorus 20%

Zinc 20% · Magnesium 20%

Copper 20% · Selenium 20%

Chromium 20% · Manganese 20%

Choline 20% · Molybdenum 20%

· Chloride 20%

**INGREDIENTS:** FILTERED WATER, SOY PROTEIN ISOLATE, MALTODEXTRIN, HIGH OLEIC SUNFLOWER OIL, ALLULOSE, CANOLA OIL, NATURAL FLAVORS, CELLULOSE, VITAMIN AND MINERAL PREMIX, SOLUBLE CORN FIBER, SOY LECITHIN, SALT, GELLAN GUM, SUCRALOSE.

**VITAMIN & MINERAL PREMIX:** MAGNESIUM PHOSPHATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, ASCORBIC ACID, DIPOTASSIUM PHOSPHATE, CHOLINE CHLORIDE, DL-ALPHA-TOCOPHERYL ACETATE, NIACINAMIDE, FERROUS BISGLYCINATE, ZINC OXIDE, MANGANESE SULFATE, D-CALCIUM PANTOTHENATE, COPPER GLUCONATE, THIAMINE HYDROCHLORIDE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, VITAMIN A PALMITATE, POTASSIUM IODIDE, FOLIC ACID, CHROMIUM CHLORIDE, VITAMIN K1, SODIUM SELENITE, SODIUM MOLYBDATE, BIOTIN, ERGOCALCIFEROL, CYANOCOBALAMIN.

**CONTAINS: SOY.**

MANUFACTURED FOR SOYLENT NUTRITION, INC.  
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<sup>†</sup>The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.